

Minor in Coaching

The Coaching minor is designed to provide direction for administrators, coaches, athletes and the public regarding the skills and knowledge that coaches should possess. Domains addressed include: Injury Prevention, Care and Management; Risk Management; Growth, Development and Learning; Training, Conditioning and Nutrition; Social-Psychological Aspects of Coaching; Skills, Tactics and Strategies; Teaching and Administration; and Professional Preparation and Development.

To be eligible for the Coaching minor, candidates must complete 19 credits—12 credits of required courses and 7 credits of elective courses. The candidate must achieve the following in addition to completing the course requirements.

Graduation Requirement

In order to graduate from the Sport and Exercise Science major, the candidate must achieve the following in addition to completing the course requirements:

1. A minimum grade of “C” (2.0) in all required and elective minor courses.
2. A minimum GPA of 2.75 in the minor.
3. Current First Aid and CPR certification from a nationally recognized provider.

Code	Title	Credits
Required Courses:		
HPSS 3303	Kinesiology for Teachers and Coaches	3
HPSS 3322	Introduction to Sport Psychology	3
HPSS 3370	Care and Prevention of Athletic Injuries	3
HPSS 4433	Coaching Philosophy and Ethics	3
Elective Courses		
Select four (4) credits:		4
HPSS 2241	Sports Officiating	
HPSS 3312	Practical Applications of Coaching Baseball and Softball	
HPSS 3313	Practical Applications of Coaching Basketball	
HPSS 3314	Practical Applications of Coaching Football	
HPSS 3315	Practical Applications of Coaching Soccer	
HPSS 3316	Practical Applications of Coaching Tennis	
HPSS 3317	Practical Applications of Coaching Track and Field	
HPSS 3318	Practical Applications of Coaching Volleyball	
HPSS 3319	Practical Applications of Coaching Wrestling	
HPSS 3320	Practical Applications of Coaching Endurance Sports	
HPSS 3321	Practical Applications of Coaching Strength Training	
HPSS 4480	Coaching Problems	
Select three (3) credits:		3

HPSS 2223	Foundations of Kinesiology
HPSS 3300	Movement Theory and Motor Development
HPSS 4475	Organization and Administration of Sport Programs
HPSS 4493	Issues in Sport
Total Credits	19