

# M.S. in Nutrition

The Master of Science (MS; stand-alone) is not accepting applications at this time.

The Master of Science (MS; stand-alone) in Nutrition is 30 credits with eight (8) credits of approved electives to meet individual areas of emphasis in dietetics practice. This flexible program may be completed either as a part-time of full-time student. Depending on your pace, it may take you between three semesters to three years to complete the program.

The master's coursework is offered in a hybrid model. Classes are 100% online. Some require students to go to a distance learning classroom; others offer remote access via video conferencing software. In addition, some classes are self-directed, requiring students to work autonomously.

Classwork employs a variety of learning strategies, including case studies, oral presentations, research projects, exams, and other modalities.

## Comprehensive Examinations:

Students must pass written and oral comprehensive examinations. For the Master of Science in Nutrition, the written exam is fulfilled by a capstone. The oral examination is fulfilled through a presentation of findings. Examinations for students are conducted internally through the department.

Capstone projects are a scholarly activity that may include a range of activities such as writing and submission of a grant proposal; analysis of a current date set and preparation of a manuscript; development and execution of a small research study.

## Optional Thesis

Students may choose to write a thesis in place of the capstone. Students who opt for a thesis project may find it beneficial to increase the thesis credits and decrease the elective courses.

## Admissions

Apply for the Master of Science in Nutrition through the Idaho State University Graduate School (<https://www.isu.edu/graduate/>) application.

On the graduate school application (<https://www.isu.edu/apply/graduate/>), please indicate your program intent to pursue a Master of Science in Nutrition. Once it is determined that you meet the general requirements for graduate studies at ISU, your application will be forwarded to Department of Nutrition and Dietetics for review and admission decision into this program.

The combined MS in Nutrition/Dietetic Internship program (<https://www.isu.edu/dieteticinternship/>) employs a different admission process.

## Admission Requirements

In addition to meeting the general requirements for the ISU Graduate School, admission requirements for the MS in Nutrition, include:

- BS in Dietetics, Food and Nutrition, or other related disciplines from a college or university regionally accredited in the United States or its equivalent from a school in another country
- Resume or Curriculum Vitae (CV)
- GPA—at least a cumulative of 3.0
- Three letters of recommendation from individuals who are familiar with your academic or employment performance (these are submitted electronically through the online graduate school application)

- Personal statement on why you want to pursue the MS degree (maximum 750 words)

## How to Apply

The Department of Nutrition and Dietetics website provides more information about the specific steps of the MS in Nutrition stand-alone application process (<https://www.isu.edu/dieteticinternship/msdi---how-to-apply/>).

Transfer credits may be awarded for the electives (maximum 8 credits), but not core courses. Advisor approval is required. Students should follow the graduate school policy (<http://coursecat.isu.edu/graduate/generalinfoandpolicies/creditransfer/>) and form for transfer credit requests. (<https://www.isu.edu/registrar/transfer-students/>)

Code	Title	Credits
<b>Master of Science in Nutrition (Public Health Emphasis)</b>		
NTD 6610	Current Topics in Nutrition	1
NTD 6620	Nutritional Epidemiology	3
NTD 6622	Maternal, Infant, and Child Nutrition	3
NTD 6624	Nutrition and Aging	3
NTD 6640	Research, Writing, and Grantsmanship	3
NTD 6645	Capstone Project I	3
MPH 6620	Health Program Planning and Evaluation	3
MPH 6660	Behavior Change Theory and Applications	3
<b>Approved Electives</b>		<b>8</b>
<b>Total Credits</b>		<b>30</b>

Code	Title	Credits
<b>Possible Electives</b>		
DHS 5501	Mindfulness in Health Science	2
DHS 5502	Survey of Aging Issues	3
DHS 5503	Interprof Sys Geri Manage	3
DHS 5504	Geri Interprof Internship	2
DHS 5506	The Mindful Practitioner	2
NTD 5525	Food as Medicine in Disease Management	2
NTD 5525L	Food as Medicine in Disease Management Lab	1
DHS 5599	Experimental Course (Mindful Self-Compassion)	2
HE 6623	Curriculum and Supervision	3
HE 6639	Teaching Strategies in Health	3
MPH 6601	Applications in Epidemiology	3
MPH 6604	Social and Cultural Perspectives in Public Health	3
MPH 6605	Leadership Policy and Administration	3
MPH 6606	Environmental and Occupational Health *	3
NTD 5539	Sports Nutrition *	3
NTD 5557	Experimental Foods *	3
NTD 5561	Nutritional Biochemistry I *	3

NTD 5581	Special Problems in Nutrition and Dietetics	1-2
NTD 5585	Nutritional Biochemistry II *	3
NTD 6650	Capstone Project II (Capstone II or Thesis II)	1-3
NTD 6651	Thesis	3-6
PSYC 5531	Behavioral Neuroscience I	3

\* Courses cannot be taken for graduate credit if the student has previously taken them at the undergraduate level.

\*\*Students who opt for a thesis project may find it beneficial to increase the thesis credits and decrease the elective courses. Please discuss this option with your faculty advisor