Master of Science in Nutrition

The Master of Science (MS; stand-alone) in Nutrition is 30 credits with eight (8) credits of approved electives to meet individual areas of emphasis in dietetics practice. This flexible program may be completed either as a part-time of full-time student. Depending on your pace, it may take you between three semesters to three years to complete the program.

The master's coursework is offered in a hybrid model. Classes are 100% online. Some require students to go to a distance learning classroom; others offer remote access via video conferencing software. In addition, some classes are self-directed, requiring students to work autonomously.

Classwork employs a variety of learning strategies, including case studies, oral presentations, research projects, exams, and other modalities. Culminating activities include:

- **Capstone Project:** A scholarly activity, requiring students to write, present, and defend their project that may include a range of activities such as:
  - Grant writing and submission
  - Analysis of a current data set and preparation of a manuscript
  - Development and execution of a small research study leading to submission of a presentation abstract as determined appropriate by the advising faculty member and student
  - Optional Thesis: Students may choose to write a thesis in place of the capstone. Students who opt for a thesis project may find it beneficial to increase the thesis credits and decrease the elective courses.

**Admissions**

Apply for the Master of Science in Nutrition through the Idaho State University Graduate School (https://www.isu.edu/graduate/) application.

On the graduate school application (https://www.isu.edu/apply/graduate/), please indicate your program intent to pursue a Master of Science in Nutrition. Once it is determined that you meet the general requirements for graduate studies at ISU, your application will be forwarded to Department of Nutrition and Dietetics for review and admission decision into this program.

The combined MS in Nutrition/Dietetic Internship program (https://www.isu.edu/dietetics/ms-nutrition/ms---how-to-apply/) employs a different admission process.

**Admission Requirements**

In addition to meeting the general requirements for the ISU Graduate School, admission requirements for the MS in Nutrition, include:

- BS in Dietetics, Food and Nutrition, or other related disciplines from a college or university regionally accredited in the United States or its equivalent from a school in another country
- Resume or Curriculum Vitae (CV)
- GPA—at least a cumulative of 3.0
- Three letters of recommendation from individuals who are familiar with your academic or employment performance (these are submitted electronically through the online graduate school application (https://www.isu.edu/apply/graduate/))
- Personal statement on why you want to pursue the MS degree (maximum 750 words)

**How to Apply**

The Department of Nutrition and Dietetics website provides more information about the specific steps of the MS in Nutrition stand-alone application process (https://www.isu.edu/dietetics/ms-nutrition/ms---how-to-apply/).

Transfer credits may be awarded for the electives (maximum 8 credits), but not core courses. Advisor approval is required. Students should follow the graduate school policy (http://coursecat.isu.edu/graduate/generalinfoandpolicies/credittransfer/) and form for transfer credit requests (https://www.isu.edu/media/libraries/graduate-school/Graduate-Transfer-Credit-Approval-Form.pdf).

### Code | Title | Credits
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NTD 6610 | Current Topics in Nutrition | 1
NTD 6620 | Nutritional Epidemiology | 3
NTD 6622 | Maternal, Infant, and Child Nutrition | 3
NTD 6624 | Nutrition and Aging | 3
NTD 6640 | Research, Writing, and Grantsmanship | 3
NTD 6645 | Capstone Project I | 3
MPH 6620 | Health Program Planning and Evaluation | 3
MPH 6660 | Behavior Change Theory and Applications | 3

**Approved Electives** 8

**Total Credits** 30

### Code | Title | Credits
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DHS 5501 | Mindfulness in Health Science | 1-2
DHS 5502 | Survey of Aging Issues | 3
DHS 5503 | Interprof Sys Geri Manage | 3
DHS 5504 | Geri Interprof Internship | 2
DHS 5506 | The Mindful Practitioner | 2
DHS 5599 | Experimental Course (Mindful Self-Compassion) | 2
HE 6623 | Curriculum and Supervision | 3
HE 6639 | Teaching Strategies in Health | 3
MPH 6601 | Applications in Epidemiology | 3
MPH 6604 | Social and Cultural Perspectives in Public Health | 3
MPH 6605 | Leadership Policy and Administration | 3
MPH 6606 | Environmental and Occupational Health | 3*
NTD 5539 | Sports Nutrition | 3*
NTD 5557 | Experimental Foods | 3*
NTD 5561 | Nutritional Biochemistry I | 3*
NTD 5581 | Special Problems in Nutrition and Dietetics | 1-2
NTD 5585 | Nutritional Biochemistry II | 3*
NTD 6650 | Capstone Project II (Capstone II or Thesis II) | 1-3
ND 6651  Thesis  3-6
PSYC 5531  Behavioral Neuroscience I  3

* Courses cannot be taken for graduate credit if the student has previously taken them at the undergraduate level.

** Students who opt for a thesis project may find it beneficial to increase the thesis credits and decrease the elective courses. Please discuss this option with your faculty advisor.