# **Counseling (COUN)**

#### Courses

## COUN 5550 Peer Counseling Seminar: 1-2 semester hours.

Supervised experience in assisting another student. Students meet out of class on a weekly contact basis. Course provides ongoing training for the peer counselors. May be repeated up to 6 credits. PREREQ: Permission of instructor.

## COUN 5584 Guidance Principles and Practices: 3 semester hours.

Survey of the various guidance practices in secondary education. Each service is discussed from the point of view of its role in the total educational program.

#### COUN 5585 Independent Problems: 1-2 semester hours.

Individual work under staff guidance. Field and/or library research on specific educational problems of interest to majors in education. Experience in research composition. May be repeated. PREREQ: Permission of instructor.

## COUN 5590 Introduction to Counseling Services: 1 semester hour.

Introduction to the counseling profession, including an overview of the curriculum, experience and skills needed to be a successful licensed counselor. Specific, evaluated graduate-level activities and/or performances are identified in the course syllabus.

#### COUN 5591 Seminar: 1-3 semester hours.

Critical analysis of the literature in one or more areas. Limited enrollment. May be graded S/U or on a letter-grade basis in separate sections. May be repeated up to 8 credits. PREREQ: Permission of instructor.

#### COUN 5594 Elementary School Guidance: 2 semester hours.

Study of (1) the function of guidance in relation to children's needs; (2) principles and techniques of elementary school guidance; (3) analysis of representative programs of guidance in the elementary schools; and (4) research related to elementary school guidance and resulting trends.

## COUN 5598P Prof Development Workshop: 3 semester hours.

New methods and opportunities to enhance and supplement skills. Subject to the approval of the Dean of the student's college, a maximum of eight credits earned in workshops may be applied toward a degree; students taking the courses only for personal development may choose the 0-credit option; those seeking professional development must choose a for-credit option.

## COUN 5599 Experimental Course: 1-6 semester hours.

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

## COUN 6606 Family Violence: 2 semester hours.

Delineates the implications for assessment and treatment of the family with violence. Topics of physical abuse, sexual abuse and psychological/emotional abuse of adults and children within a family structure will be addressed. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6607 The Family and Mental Illness: 2 semester hours.

Addresses therapeutic and community support that enhances the family unit as the primary care system. Mental illness as it relates to the family system is presented. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6608 The Family and Chemical Dependency: 2 semester hours.

Addresses family systems under the influence of addictions with primary emphasis on alcohol dependency. Models and patterns of addictions will be examined. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6609 The Family and the Aged: 2 semester hours.

Emphasizes the impact of aging on family systems from an economic, emotional, social, spiritual, and physiological perspective. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6611 Research in Counseling Profession: 2 semester hours.

Understanding quantitative and qualitative designs in counseling along with collection, analysis, and reporting procedures. PREREQ: Admission to the Master of Counseling Program or permissions of instructor

## COUN 6612 Assessment and Diagnosis in Counseling: 3 semester hours.

Students will be introduced to counseling tests and assessments appropriate to various counseling settings, the assessment process, and related ethical and multicultural issues. Students will also be introduced to psychological classification systems and mental status evaluations. PREREQ: Admission to the master in counseling program or permission of the instructor.

## COUN 6613 Basic Projective Techniques: 2 semester hours.

Projective theory and its relationship to psychoanalysis, dynamic theory, and learning theory. Techniques including problems of clinical practicality, prediction of behavior, and personality assessment. Practical experiences available in laboratory courses. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6614 Lifespan Development: 2 semester hours.

Students will explore issues, stages, and systems of human development across the lifespan in the context of individuals, couples, families, and communities. The course includes an overview of developmental theories, norms, and applied practices in the context of social and cultural identities and factors. Course to be taken concurrently with COUN 6694 Psychodiagnosis & Psychotropic Drugs. PREREQ: Admission to the Master of Counseling program.

## COUN 6615 Foundations of Clinical Rehabilitation: 3 semester hours.

Orientation to the professional foundations of clinical rehabilitation counseling across the lifespan. PREREQ: Admission to the Master of Counseling Program or permission of the instructor.

## COUN 6616 Professional Issues in Clinical Rehabilitation Counseling: 3 semester hours.

This course will provide current information and strategies for counseling issues specific to clinical rehabilitation counseling. PREREQ: Admission to the Master of Counseling Program.

## COUN 6617 Medical & Psychosocial Aspects of Disability: 2 semester hours.

A bio-psycho-social approach to the dynamics of coping and adjustment to disability and chronic illness. PREREP: Admission to the Master of Counseling Program or permission of the instructor.

## COUN 6619 Individual Intelligence Testing: 3 semester hours.

Supervised practice in administering, scoring, and interpreting the results of individual intelligence tests. Each section limited to 6 students. PREREQ: Admission to Master of Counseling Program, COUN 6612 or permission of instructor.

## $COUN\ 6621\ Professional\ Orientation\ and\ Ethics:\ 2\ semester\ hours.$

Introduction to profession of counseling: history, accreditation, licensure, organizational structure, advocacy, and use of technology. Ethical problems in counseling with specific attention given to the American Counseling Association Code of Ethics. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

#### COUN 6623 Career Development: 2 semester hours.

Career development theories and decision-making models for counselors including career resources and materials. PREREQ: Admission to the Master of Counseling Program.

#### COUN 6624 Cultural Counseling: 3 semester hours.

Students will explore issues of diversity, social justice, and multiculturalism including race/ethnicity, gender, sexual orientation and other cultural factors, and participate in experiential activities relevant to culturally responsive counseling. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6621 and COUN 6696 or permission of instructor.

#### COUN 6625 Crisis Interventions and Trauma Counseling: 3 semester hours.

Current information, skills, and strategies for counseling interventions specific to crises, disasters, and other trauma-causing events. Topics include: triage, assessment and diagnosis, individual and community resiliency, emergency preparedness, multicultural considerations, interagency cooperation, and "psychological first aid." PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6627 Conceptualizing Counseling Theory: 3 semester hours.

This course provides an overview of the conceptualization and application of counseling theory. Students will learn about foundational and contemporary approaches to working with clients.

## COUN 6629 Counseling Children and Adolescents in K-12 Settings: 2 semester hours.

This course will introduce essential developmental considerations for counseling children and adolescents in K-12 settings. Special focus will include environmental factors, risk factors and warning signs for mental health and behavioral considerations. Specific attention will include interventions for working with clients in k-12 school settings.

## COUN 6630 Addictions Counseling: 3 semester hours.

Acquaint students with current theories of addiction, recovery, and relapse prevention as well as effective strategies and techniques in working with clients with addictions. The course will explore public policies on local, state, and national levels with regard to addiction services. PREREQ: Admission to the Master of Counseling program or permission of instructor.

## COUN 6638 Foundations of School Counseling: 2 semester hours.

This course serves as an introduction to the counseling profession speciality of school counseling. Specific focus will include current models and development of comprehensive school counseling programs, theories of school counseling, coordination of school based interventions essential to the practice of school counseling, collaboration and consultation approaches, crisis and management planning, cultural considerations, and strategies to promote equity in school counseling. PREREQ: Admission to the Master of Counseling Program.

## COUN 6639 Application of School Counseling Foundations: 2 semester hours.

This course focuses on the application of school counseling foundations and techniques. Special focus will include school counselor roles as leaders, advocates, and systems change agents. Specific attention will include classroom lessons and management, outcome and data assessment and planning, social-emotional and trauma-informed practices for school counselors, and screening for risk factors in school populations. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6650 Thesis: 1-9 semester hours.

Thesis Credit. 1-9 credits. May be repeated. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6651 Masters Paper: 3 semester hours.

A paper involving extensive familiarity with research findings written under the supervision of a faculty member in the department. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

#### COUN 6652 Specialist Paper: 3 semester hours.

A paper involving extensive familiarity with research findings under the supervision of a faculty member of the department. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

#### COUN 6658 Independent Problems: 1-3 semester hours.

Individual work under staff guidance. Field and/or library research on specific educational problems. Experience in research composition. May be repeated up to 6 credits. PREREQ: Admission to the Master of Counseling Program or the Ph.D. in Counselor Education and Counseling Program or the ED.S. in Counseling Program or permission of instructor.

#### COUN 6659 Seminar: 1-3 semester hours.

Critical analysis of the literature in one or more areas of education. Enrollment limited. May be repeated up to 8 credits. PREREQ: Permission of instructor.

## COUN 6660 Theories of Family and Couple Counseling: 3 semester hours.

The study of the development of the family counseling field and the issues and theories related to its practice. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6661 Issues in Family Counseling: 3 semester hours.

Examination of contemporary family issues and challenges, parenting issues, and the effects these challenges place on family dynamics and family counseling. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6664 Family Assessment: 2 semester hours.

Introduction to family assessment models and instruments as well as evaluation of programs/agencies providing family counseling. PREREQ: Admission to the Master of Counseling Program.

## COUN 6665 Advanced Family Systems Theory: 2 semester hours.

Advanced theoretical study with emphasis on researched applications of family counseling. PREREQ: Admission to the Master of Counseling Program.

#### COUN 6669 Family and Couple Counseling Practicum: 3 semester hours.

Practicum experience counseling families and couples. Graded S/U. PREREQ: Admission to the Master of Counseling Program, COUN 6660, COUN 6697, or permission of instructor.

## COUN 6676 Small Group Activity: 1 semester hour.

Designed to give direct experiences as a group participant and provide preparation for COUN 6677. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6677 Group Counseling Techniques: 3 semester hours.

Essential research, selected group development and therapy theories, leadership orientations and strategies, structural group dynamics, and applications. Skills development in a laboratory setting. PREREQ: Admission to the Master of Counseling Program.

## COUN 6680 Foundations of Student Affairs: 3 semester hours.

History, philosophy, purpose, and function of student affairs practice including review of "The Student Personnel Point of View," theories of student development, and current trends. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6683 Administration of Student Affairs Practice: 3 semester hours.

Leadership and management theories and practice in higher education and student services. Essential research, consultation, good practices, and assessment techniques for all student populations and services. PREREQ: Admission to the Master of Counseling Program.

## COUN 6684 Introduction to Animal Assisted Services: 3 semester hours.

Introduction to animal assisted services: history, conceptual foundations, and research trends. PREREQ: Admission to counseling-related graduate program at or outside of ISU or permission of the instructor. Offered in summer term only.

#### COUN 6685 Best Practices in Animal Assisted Services: 3 semester hours.

Best Practices in Animal Assisted Services with particular emphasis on professional ethics, provider competence and animal advocacy. Strategies for implementation will be discussed. PREREQ: Admission to counseling-related graduate program at or outside of ISU; COUN 6684 or permission of the instructor.

#### COUN 6686 Applied Practice in Animal Assisted Services: 3 semester hours.

Supervised application of animal assisted services in mental health contexts, with particular focus on integrating animal assisted service interventions within existing professional helping skills. PREREQ: Admission to counseling-related graduate program at or outside of ISU; COUN 6685 or permission of instructor.

## COUN 6687 Field Work in Personnel Services: 1-2 semester hours.

Observation and learning the duties performed by the persons in the field work setting. A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6689 Internship in Student Personnel: 3-12 semester hours.

A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6690 Foundations of Clinical Mental Health Counseling: 3 semester hours.

Orientation to the professional foundation of clinical mental health counseling for individuals, couples, and families across the lifespan. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

## COUN 6691 Professional Issues in Clinical Mental Health Counseling: 3 semester hours.

This course will provide current information and strategies for counseling issues specific to clinical mental health counseling. PREREQ: Admission to the Master of Counseling Program.

## COUN 6693 Supervision of Counselors: 1 semester hour.

The study of current practices used in the clinical supervision of counselors. Current literature will be reviewed as well as standards for supervision which have been established by accrediting bodies and professional associations. PREREQ: Admission to the Master of Counseling Program or the ED.S. in Counseling Program or permission of the instructor.

#### COUN 6696 Prepracticum Counseling Techniques: 3 semester hours.

The study and practice of counseling techniques including micro-counseling and role-playing. PREREQ: Admission to the Master of Counseling Program.

## COUN 6697 Practicum in Counseling: 2 semester hours.

Supervised counseling experience. A combination of fifty hours of experience and supervision equals one hour of academic credit. Each section limited to 6 students. May be repeated to four credits. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6697L.

## COUN 6697L Practicum in Counseling Lab: 0 semester hours.

Group supervision of students working in the field during their internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as tutorial experience based on the student's developmental needs. Graded S/U. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6697.

## COUN 6698 Internship in Counseling: 1-18 semester hours.

A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated for a maximum of 18 credits. PREREQ: Admission to the Master of Counseling Program.

#### COUN 6698L Internship in Counseling Lab: 0 semester hours.

Group supervision of students working in the field during their internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the student's developmental needs. Graded S/U. PREREQ and COREQ: Admission to the Master of Counseling Program, COUN 6698.

#### COUN 6699 Experimental Course: 1-6 semester hours.

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

## COUN 7683 Leadership and Advocacy in Counselor Education: 2 semester hours.

Equipping future counselor educators to assume positions of leadership in their profession and/or areas of specialty. Theories and skills of leadership and competencies for advocacy. PREREQ: Admission to the Counselor Educator Doctoral Program.

## COUN 7701 Introduction to Quantitative Research Design: 2 semester hours.

In this course, students will be introduced to quantitative research methods in the counseling profession. Students will learn the basics of designing a quantitative research study focused on counseling and/or counselor education and supervision, including how to identify/write pertinent research questions, options for study design and data collection, and means of data analysis. Students will learn through actively designing their own quantitative research study. PREREQ: Admission to the PhD in Counselor Education program.

## COUN 7702 Advanced Quantitative Research Design: 2 semester hours.

Building upon an introductory course on quantitative research methods, students will delve further into quantitative research design specific to counseling and counselor education and supervision. This will include introduction to more advanced means of data analysis and study design specific to counseling/counselor education and supervision. Students will learn through completing data collection and analysis for their own research project. PREREQ: Admission to the PhD in Counselor Education program.

## COUN 7703 Qualitative Research: 2 semester hours.

Explores and contrasts philosophical assumptions of qualitative and quantitative research. Various methodologies and approaches to qualitative research are reviewed and applications discussed. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

#### COUN 7704 Qualitative Methodology and Analysis: 2 semester hours.

Design, data collection, analysis and writing qualitative research. Practice using data collection procedures, traditional analytic methods and qualitative data processing programs for coding and matrix construction. Emphasizes grounded theory approach. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 7705 Instructional Theory for Counselor Educators: 4 semester hours.

Instructional theory and methods relevant to counselor education including models and methods of appraisal. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 7710 Practicum in College Teaching: 2 semester hours.

Observation of and assisting in the teaching and evaluation of a college course under the supervision of the course instructor. The student will prepare and deliver at least five lectures which will be observed by the instructor and will, in addition to observing the balance of the course, meet individually with the instructor for periodic discussions of procedure and methodology. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 7712 Advanced Psychological Testing and Assessment: 2 semester hours.

Advanced psychological testing concepts, test administration, test construction and interpretation. Advanced information of standardized tests commonly used in the counselor education field.

## COUN 7723 Advanced Vocational Theory: 3 semester hours.

Theory of vocational development, sociological aspects of vocational choice and entry, development of interests and aspiration levels, and research relating to entry into work, satisfaction in work, dissatisfaction in topics. Course is structured around the major theories of vocational development as they relate to individual development. Various approaches to vocational testing are included.

#### COUN 7724 Advanced Diversity Issues: 3 semester hours.

Pedagogy relevant to current social and cultural issues. Role of diversity issues in counselor education, supervision, and counseling.

#### COUN 7727 Advanced Theories of Counseling: 3 semester hours.

Analysis of various counseling theories and their relationships to specific philosophies concerning humanity.

## COUN 7758 Independent Problems: 1-4 semester hours.

Individual work under staff guidance. Field and/or library research on specific educational problems. Experience in research composition. May be repeated up to 8 credits. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 7759 Ed.S Internship: 1-9 semester hours.

Placement in a post-master's degree counseling setting. A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. 1-9 credits. PREREQ: Admission as an ED.S. student and permission of instructor.

## COUN 7774 Advanced Group Procedures: 3 semester hours.

Advanced group leadership theory and techniques.

## COUN 7775 Advanced Practicum in Group Counseling: 2 semester hours.

Fifty hours of group counseling as the group facilitator, plus a coordinating seminar. Includes the theoretical basis for group leaders and development of group leadership skills.

## COUN 7790 Supervision in Counselor Education: 3 semester hours.

Analysis of systems for conducting supervision of counseling students including various models of supervision and their implementation in Practicum and Internship. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 8800 Research and Professional Issues: 2 semester hours.

Critical analysis of the literature in counselor education including topics such as program models, current research, and professional associations. May be repeated up to 6 credits. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

#### COUN 8801 Doctoral Career Development: 1 semester hour.

Implementation of Career Theory into Professional Development plans for advancement in Counselor Education. PREREQ: Admission to the Ph.D. Program in Counselor Education and Counseling Program.

## COUN 8802 Scholarship in Counselor Education: 2 semester hours.

Developing a scholarly identity and research agenda within counselor education and supervision. Course will focus on creating and submitting publishable manuscripts; developing grant writing skills; navigating the academic public process; and, enhancing writing quality and productivity. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

#### COUN 8848 Doctoral Counseling Internship: 2 semester hours.

Counseling under supervision and an intensive examination of the students' own counseling philosophy and its relationship to client behavioral and attitudinal change. A combination of fifty hours of experience and supervision equals one hour of academic credit. Each section limited to six students.

## COUN 8848L Doctoral Counseling Internship Lab: 0 semester hours.

Group supervision of student working in the field during their doctoral counseling internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the students developmental needs. Graded S/U. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

#### COUN 8849 Doctoral Internship: 1-18 semester hours.

Placement in a doctoral-level counseling or counselor education setting. A combination of fifty hours of experience and supervision equals one hour of academic credit. 1-18 credits. May be repeated. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 8849L Doctoral Internship Lab: 0 semester hours.

Group supervision of student working in the field during their doctoral internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as tutorial experience based on the student's developmental needs. Graded S/U. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

## COUN 8850 Dissertation: 1-12 semester hours.

Variable credits. May be repeated. Graded S/U. PREREQ: Admission to PH.D. in Counselor Education and Counseling Program.