

Student Services

Academic Success and Advancement Programs

Rendezvous Building, 3rd Floor
(208) 282-3662
isu.edu/success (<http://www.isu.edu/success/>)
success@isu.edu (ssc@isu.edu)

Mailing address
921 S 8th Ave Stop 8010
Pocatello ID 83209-8010

Academic Success and Advancement Programs provides services and programs that are essential to a student's academic and intellectual development at Idaho State University. We encourage all students to realize their potential as prepared, responsible, and self-actualized members of an increasingly complex, diverse, and global society. Academic Success and Advancement Programs includes the following academic services and programs: University Honors Program, Bengal Bridge Program, Academic Opportunities Program, High School Equivalency Program (HEP), Intensive English Institute (IEI) / English for Speakers of Other Languages (ESOL), and University Tutoring.

Associated Students of Idaho State University (ASISU)

Pond Student Union, Room 215
921 S 8th Ave Stop 8125
Pocatello ID 83209-8125
(208) 282-3435
<http://www.isu.edu/asisu/>

The Associated Students of Idaho State University (ASISU) is the representative body for students, and functions through the leadership of the student body president, vice president, Student Senate, and numerous committees. These officers are responsible for all activities sponsored by the Associated Students. Applications for committee membership are available in the ASISU Administrative Offices. Detailed information on student government can be found on the ASISU webpage.

Bengal Bridge Program

Rendezvous Building, 3rd Floor, Room 323
(208) 282-3662
921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010
<https://www.isu.edu/bengalbridge> (<https://www.isu.edu/bengalbridge/>)
bengalbridge@isu.edu

Bengal Bridge is a summer program for recently graduated high school students who want to get a head start on college. Bengal Bridge provides a low-cost, supportive environment focused on helping students transition to college. Bengal Bridge students earn 5-9 credits toward their Associate's or Bachelor's degrees, connect with numerous resources across the campus community, and receive individualized mentoring to help them achieve their goals.

Bengal Pharmacy

Located at:
990 S 8th Avenue
(208)-282-3407
Mailing address:

921 S 8th Ave Stop 8311
Pocatello, ID 83209-8311
<http://www.isu.edu/healthcenter/pharmacy/>

The Bengal Pharmacy provides low-cost prescription drugs as well as over-the-counter medications at reduced costs. Students may wish to transfer prescriptions from their hometown to the Bengal Pharmacy while they are attending Idaho State University. All Idaho State University students, both full and part-time, and their spouses may use the Bengal Pharmacy. ISU Faculty, Staff, and members of the general public are also invited to utilize the Bengal Pharmacy.

Campus Recreation Department

Campus Recreation Office
Student Recreation Center, Room 360
921 S 8th Ave Stop 8061
(208) 282-4854
<http://www.isu.edu/camprec> (<http://www.isu.edu/camprec/>)

The Campus Recreation Department is located in the Student Recreation Center, which is accessible through Reed Gymnasium. The Rec Center offers 100,000 sq. ft. of workout, fitness, and recreation space. It houses indoor courts for tennis, racquetball, and basketball; free weights, fitness machines, and cardio areas; plus an indoor track. Campus Recreation houses one of the Northwest's largest indoor climbing walls. Intramural programs and student sports clubs are offered through Campus Recreation with many individual and team sports activities. Campus Recreation welcomes all Bengals and supports fitness, social, and recreational pursuits. Please contact Campus Recreation at 282-4854 or on the web at <http://www.isu.edu/camprec> (<http://www.isu.edu/camprec/>).

Career Center

Museum Building, Room 418
921 S. 8th Ave. Stop 8108
(208) 282-2380
<http://www.isu.edu/career> (<http://www.isu.edu/career/>)

From your first year of college to graduation, the services and resources at the Career Center will help you achieve your academic and career goals.

The Career Center provides free career counseling for all students who are undecided about an academic or career direction. The Career Center also offers a 1 credit class called Career & Life Planning (COUN 1150 (<http://coursecat.isu.edu/search/?P=COUN%201150>)). This class helps students take career assessments and learn more about majors and occupations that fit your personality, skills, values, and interests. We also help students with writing resumes, cover letters and practice interviews for internships, and full and part-time jobs. The Career Center's online system called *Handshake* will help you search for jobs, internships, and learn about upcoming career fairs and other career-related events. The Career Path Internship (CPI) program gives you opportunities to receive paid internships focused on your major and career goals both on and off campus. Throughout the year the Career Center hosts many career fairs to help students meet with employers and find a broad range of jobs and internships that are available. Check out our website for more information about what we offer: <http://www.isu.edu/career> (<http://www.isu.edu/career/>). Connect with us to see how we can help meet your career needs.

Office of Academic Advising

Museum Building, Room 307
921 S 8th Ave Stop 8054

Pocatello ID 83209-8054
(208) 282-3277
<https://www.isu.edu/advising/>
advinfo@isu.edu

The Office of Academic Advising serves as a central general advising resource and support service for ISU students, faculty, and professional advisors. Undecided students and students on Academic Warning and Academic Probation also receive support from the Office of Academic Advising staff. The Office of Academic Advising provides a wide array of assistance including academic success strategy development, campus resource information and referral, campus policy and procedure clarification, course schedule development, and degree planning guidance.

C. W. HOG

Pond Student Union, First Floor
(entrance below east end of Hypostyle)
921 S 8th Ave Stop 8128
(208) 282-3912
<https://www.isu.edu/outdoor/cw-hog/>

The Cooperative Wilderness Handicapped Outdoor Group, C. W. HOG, is located on the lower level of the Pond Student Union. The mission of Cooperative Wilderness Handicapped Outdoor Group, located on the Pocatello campus of Idaho State University, is to provide challenging outdoor adventures for individuals with disabilities, focusing on enhancing attitudes, increasing positive self-image, and supporting people of all ages and abilities. C.W. HOG also runs the new Universal Challenge Course, which is an amazing tool for team-building and fun. Academic credit may be granted for participation in activities that include weight training, seated aerobics, swimming, snow skiing, challenge course facilitation, water skiing, and whitewater rafting.

Craft Shop

Pond Student Union, First Floor
921 S 8th Ave Stop 8119
(208) 282-3281
<https://www.isu.edu/craft-shop/> (<https://www.isu.edu/craftshop/>)

The Craft Shop was established for students and the community to learn the necessary skills to create their own crafts and projects. Work centers include a wood shop and clay studio. Other areas are set up for sewing, mat cutting for photos, and paper cutting. There are experienced staff and student employees available to familiarize you with the facilities in the Craft Shop, and assist you in the design and creation of your next craft project. Non-credit classes are offered each semester in a variety of arts and crafts.

Disability Services

Karina Mason Rorris, Director
Rendezvous Building, Room 125
921 S 8th Avenue Stop 8121
Pocatello ID 83209-8121
(208)282-3599
<https://www.isu.edu/disabilityservices/>
disabilityservices@isu.edu

The Disability Services office is located on the first floor of the Rendezvous building. Students with documented disabilities who qualify for accommodations provided by the university must self-identify to the Center in order to have accommodations provided. Information about accommodations is available in the

Center and may be picked up in person or requested by telephone by calling (208) 282-3599.

Americans with Disabilities Compliance Statement

The Americans with Disabilities Act (ADA) provides protection from discrimination for individuals on the basis of disability. The ADA extends civil rights protection to people with disabilities who utilize the services provided by Idaho State University. Idaho State University makes significant efforts to comply with requests for "reasonable accommodations" to a course, policy, or physical barrier and will not discriminate in the recruitment, admission, or treatment of students or employees with disabilities. In order for Disabilities Services to arrange accommodations, we request notification as early as possible so that your needs may be met. In addition to complying with the civil rights protections of the ADA, we provide access to assistive technology, a social community, and workshops on how to be a more successful student.

Diversity Resource Center

Rendezvous Building, Room 129
921 S 8th Ave Stop 8036
Pocatello ID 83209-8036
(208) 282-3142
<http://www.isu.edu/drc/>

The Center's primary focus is to provide diversity programming for ISU students and the larger community. We also assist ethnic and international students and organizations to maximize their impact on campus. We seek both to enhance their experience at Idaho State University and to assist them in contributing to campus diversity and cultural competency. In addition, the Center develops, promotes, and delivers campus-wide activities directed toward enhancing multicultural understanding.

Programs: Faculty and staff lead brown bag discussions on diversity related topics, presented in the Diversity Resource Center bi-weekly during the school year. Diversity Center staff members provide diversity lectures and trainings to campus and community partners upon request.

Cultural Celebrations and Events: In the Fall of each year, the Diversity Resource Center presents its Diversity Week Programming. In January, the Center remembers the life and legacy of Dr. King at its annual MLK March and Celebration. In April, the Center recognizes the accomplishments of ISU graduates from diverse backgrounds at the Cultural Celebration of Academic Excellence. In addition to these, the center also actively collaborates with student organizations and campus departments to maximize efforts to provide programming ranging from cultural nights and holiday celebrations, to movies and other diversity related activities.

Reserving the DRC: Student groups can also reserve the Center for meetings and other events by filling out a request form. The DRC is open to all members of the Idaho State University community regardless of gender identification, sexual orientation, ethnic or cultural background, religion, abilities, or age – everyone is welcome!

Early Learning Center (ELC)

Tanya Montiel, Director
<https://www.isu.edu/elc/>

Early Learning Center, next to the Pond Student Union Building, Pocatello
921 S 8th Ave Stop 8316
Pocatello, ID 83209-8316
(208) 282-2769

The Early Learning Center (ELC) provides child care at the Pocatello campus and participates in the IdahoSTARS Steps to Quality program and is currently five-STAR-rated (visit www.idahostars.org (<http://www.idahostars.org/>) for more information). The ELC cares for children six weeks through eleven years of age. Services are provided to ISU students and faculty/staff, as well as to community members. The center offers a developmentally-appropriate curriculum and USDA-approved breakfast, lunch, and afternoon snack are provided.

The program is housed in the Early Learning Center, located next to the Pond Student Union Building.

Entertainment

Every week during the school year and the summer semester, the Student Activities Board (<http://www.isu.edu/sab/>) and other student organizations (<https://www.isu.edu/clubs/>) host a wide variety of activities—movies, concerts, lectures, homecoming events, holiday parties, theatrical plays, celebrations, and more! In addition, the Pond Student Union (<https://www.isu.edu/union/>) houses a Games Center with video games, billiards, and bowling. For the more relaxed crowd, television sets are located in the Bengal Café.

High School Equivalency Program

Rendezvous Building, 3rd Floor, Room 323
(208) 282-1644
<https://www.isu.edu/hep/>
hep@isu.edu

The High School Equivalency Program (HEP) provides GED preparation and post-GED placement services to migrant seasonal farmworkers and their families. Services include classes in Spanish and English, community-based and residential options, computer lending and training, access to books and distance learning platforms, payment of testing fees, and help with job searches and college applications. We serve participants throughout southeastern Idaho.

Intensive English Institute/English for Speakers of Other Languages

Rendezvous Building
3rd Floor, Room 338
921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010
(208) 282-3014
<https://isu.edu/iei/> (<https://isu.edu/iei/>)
iei@isu.edu

The Intensive English Institute (IEI) and English for Speakers of Other Languages (ESOL) program provide academically-oriented English language instruction, tutoring, and cultural support for students before and during their degree programs. The IEI offers full-time coursework at multiple learner levels in reading, writing, speaking, listening, vocabulary, and grammar. ESOL offers one-to-one appointments and group workshops to help students further develop their academic English skills, understand assignment requirements, and meet faculty and university expectations. We also provide workshops for faculty and staff that focus on intercultural communication and meeting the needs of students from varied linguistic and cultural backgrounds.

International Programs Office

Museum Building, Room 426
921 S 8th Ave Stop 8038
(208) 282-4320

<http://www.isu.edu/ipo/>

The office of International Programs and Services provides assistance to - international students, faculty and visiting scholars on campus as well as providing assistance to those interested in an international educational experience abroad. International student services include student orientation to the Idaho State University campus and Pocatello community, ongoing cross-cultural activities, and additional programs to help international students make the most of their time at Idaho State University.

Education-abroad services include assisting students in choosing a program, facilitating the credit transfer, and conducting a pre-departure orientation for those about to embark on an international experience. Services continue for those who have returned from an experience abroad.

This office supports academic departments in bringing foreign faculty and visiting scholars to campus by assisting with the necessary paperwork for immigration and by offering support services to departments hosting visiting scholars.

Finally, this office coordinates communication among relevant offices on campus and works with faculty, administrators, and the student organizations to provide ongoing support and guidance for international students, faculty and scholars and those who have completed an international educational experience.

Janet C. Anderson Gender Resource Center (GRC)

Rendezvous 235, Stop 8141
Idaho State University
Pocatello, ID 83209-8141
(208) 282-2805
<https://isu.edu/grc/>

The Janet C. Anderson Gender Resource Center (GRC) provides education, training and programming at Idaho State University. The center hosts events, trainings, and programs that bring awareness to gender and sexuality equity and inclusion. The GRC strives to address gender and sexuality inequities and foster a campus community that values inclusion, social justice, equity, and respect for everyone regardless of background and experience. The GRC develops events to provide opportunities for all members of the Idaho State University community to explore, understand, and promote learning around issues.

Education and Programming: Lectures, panels, film screenings, art shows, group discussions, lunchtime talks, presentations, focus groups, and special events. The GRC develops events for Domestic Violence Awareness Month, Women's History Month, Sexual Assault Awareness Month, and many other nationally recognized commemorative months and days.

Education and programming focus on support of the LGBTQ community, women's issues, power based personal violence awareness, healthy relationships, consent, dating and sex awareness, and other prominent social matters.

Trainings: The ISU Green Dot Bystander Intervention Program is a nationally recognized leadership program that promotes the intolerance of violence on campus and in communities. Green Dot is based on training campus leaders to change the culture, "Every Day Everyone, No one has to do everything... Everyone has to do something!" The GRC has certified Green Dot facilitators who provide education and training in Green Dot practices for ISU faculty, staff, and students. Contact the GRC for information, training dates, or to schedule a group training.

Conferences: Each spring semester, the GRC partners with several departments on campus and includes the Department of Public Health to bring the annual

“Positive Body Image Symposium” to campus. The “Positive Body Image Symposium” is open to faculty, staff, and students. Members of the surrounding communities are welcome to attend. There are contact hours (CU’s) available for many majors and professions.

The symposium features renowned researchers and lecturers with expertise in different types of body image related topics. The topics are uplifting and provide attendees with proactive ways to feel comfortable in the bodies each of us are given.

Resources: The GRC has information on campus and community resources.

Additionally, we offer internship, practicum, and volunteer opportunities for Idaho State University students, faculty, and staff, as well as educational presentations on a variety of gender and sexuality related topics.

The GRC is open to all members of the Idaho State University community regardless of gender identification, sexual orientation, ethnic or cultural background, religion, abilities, or age – everyone is welcome! Everyone who is a part of the GRC, whether staff, intern, or volunteer, strives to ensure that all GRC services and activities will be accessible and available, provided in safe and comfortable surroundings, of high quality, and of interest to the Idaho State University community. The opportunities at the GRC are limited only by the imaginations of those who choose to participate.

Military Education Benefits

We strive to provide responsive academic and administrative support to student Veterans, active-duty military, guard and reserve soldiers, and their families who are taking the next step in their education and career as a Bengal. We provide support for students utilizing benefits administered by both the Department of Veterans Affairs and Department of Defense. If you’re just getting started, take a look at our *‘Getting Started’* checklists at <http://isu.edu/registrar/military-ed-benefits/va-education-benefits/> (<https://www.isu.edu/registrar/military-ed-benefits/va-education-benefits/>) and <http://isu.edu/registrar/military-ed-benefits/dod-tuition-assistance/> (<https://www.isu.edu/registrar/military-ed-benefits/dod-tuition-assistance/>).

For all information concerning military connected education benefits, rights, and opportunities please use the designated points of contact below to submit your inquiry.

Your primary point of contact for VA Education Benefits (*G.I.Bill*®) is **VCO@isu.edu**. Please be sure to send all correspondence regarding VA Education Benefits to **VCO@isu.edu** as shown below to avoid delays in processing.

Military Education Benefits Coordinator

Military Education Benefits Coordinator | Office of the Registrar

Museum Building | Room 318
921 South 8th Ave., Stop 8196 | Pocatello, ID 83209-8196
Phone (208) 282-2676
Fax (208) 282-4231
VCO@isu.edu (Veterans Certifying Official)

Your primary point of contact for DOD Tuition Assistance (*All active duty, guard, and reserve*) is **MilTA@isu.edu**. Please be sure to send all correspondence regarding DOD Tuition Assistance (DOD FTA) to **MilTA@isu.edu** as shown below to avoid delays in processing.

Military Tuition Assistance

Military Tuition Assistance | Office of the Registrar

Museum Building | Room 318
921 South 8th Ave., Stop 8196 | Pocatello, ID 83209-8196
Phone (208) 282-3096
Fax (208) 282-4231
MilTA@isu.edu (Military Tuition Assistance)

G.I.Bill® is a registered trademark of the U.S. Department of Veterans Affairs (*DVA*). More information about education benefits offered by DVA is available at the official U.S. government Web site at <https://www.benefits.va.gov/gibill>. (<https://benefits.va.gov/gibill/>)

Native American Student Services

Idaho State University
Native American Student Services
921 S. 8th Avenue, Stop 8010
Pocatello, Idaho 83209-8010
<https://www.isu.edu/nass/>
nass@isu.edu

Native American Student Services assists, advises, and supports Indigenous peoples in the attainment of their educational goals through academic advising, tutoring, cultural activities, utilization of internal and external resources, and advocacy. It is our goal, through these services and others provided by Idaho State University, to promote retention and increase the graduation rates of our Native students.

Office of Equity and Inclusion

Rendezvous Building, Room 157
921 S. 8th Ave., Stop 8315
Pocatello ID 83209
(208) 282-3964
<http://www.isu.edu/aaction/>

The Office of Equity and Inclusion strives to create an environment where all individuals feel welcome and safe—a campus where every student is treated with dignity and respect.

The University is committed to creating and maintaining a learning environment that is free of discrimination and harassment against an individual on the basis of that person’s race, color, religion, gender, age sexual orientation, national origin, ancestry, physical or mental disability, or veteran status. Harassment and discrimination will not be tolerated and should be reported to the Office of Equity and Inclusion. Our helpful, friendly staff are available to work with any member of the university community. We look forward to serving you.

Outdoor Adventure Center

Pond Student Union, First Floor
(Lower northwest entrance off the Quad)
921 S 8th Ave Stop 8128
(208) 282-3912

Here is your ticket to adventure, fun, and smiles! Students, faculty, and staff are invited to participate in any or all of the Outdoor Adventure Center’s activities. The Center offers common adventure-based outings and classes such as canoeing, climbing, cross-country skiing, kayaking, rafting, backpacking, caving, mountain biking, horseback riding, mountaineering, orienteering, and camping. Rental equipment is available for a variety of outdoor activities. The Center also teaches special topic workshops on topics such as avalanche awareness, back-country survival, and the Leave No Trace ethics.

The Outdoor Adventure Center hosts speakers and other special events like the Pocatello Pump (a climbing competition). The Center has an extensive resource

center with books, magazines, and maps. The Center manages the Portneuf Range Yurt System, consisting of five yurts available for use by winter enthusiasts.

Visit our website at <http://www.isu.edu/outdoor>.

Religion

Religious activities among students are promoted by Pocatello churches. There are three religious centers on campus; the LDS Institute, St. John's Community (<http://bengalcatholics.com/>) (Roman Catholic), and the University Bible Church (<http://www.universitybible.org/>).

Students have the opportunity to participate in student clubs and organizations connected to many different faith traditions.

Scheduling and Event Services

Pond Student Union, Hypostyle Room 299
921 S. 8th Ave., Stop 8354
(208) 282-2297
<https://www.isu.edu/scheduling/>

The Scheduling and Event Services Office assists students, the campus community, and university guests in planning and coordinating meetings, conferences, programs, and other special events to serve the educational development needs of Idaho State University. The office coordinates facility reservations and room set-up, including sound and audiovisual equipment needs.

Student Activities Board

Student Leadership & Engagement Center
Pond Student Union, First Floor
921 S 8th Ave Stop 8118
(208) 282-3451
<http://www.isu.edu/sab/>

The Student Activities Board is responsible for many of the entertainment and social programs on campus. This student committee has the responsibility of programming, homecoming, musical entertainment, Bingo, speakers, family - programming, and many other activities. The Student Activities Board provides valuable leadership experience for its members, who learn to maintain and work within a budget, negotiate and fulfill contractual details, arrange publicity, work with committee members, and coordinate all details associated with event production.

Student Employment

For student employment possibilities, see the Career Center above.
(208) 282-2380

Student Organizations & Greek Life

Student Leadership & Engagement Center
Pond Student Union, First Floor
921 S 8th Ave Stop 8170
(208) 282-3451
<https://www.isu.edu/clubs/>

Organizations play an important role in the education of students at Idaho State University. We encourage a rich climate of diverse and active organizations.

At Idaho State University there are over 130 active clubs and organizations including academic, professional, cultural/international, faith-based, service, special interest organizations, honorary societies, sports clubs, fraternities/sororities, and diversity, equity and inclusion organizations.

Minimum requirements for membership in an organization are determined by the university. To be eligible to join a recognized university club or organization, a student must be a regularly enrolled and full fee paying student in good standing.

Other regulations and/or standards are set by the individual clubs or organizations.

All organizations are required to file a list of their officers, members, and advisors with the Office of Student Organizations every year to remain current and eligible to receive the privileges of a recognized club or organization.

Regulations for fraternity and sorority recruitment are determined by the National Panhellenic Conference and the fraternity organizations.

Greek-letter fraternities and sororities at Idaho State University are coordinated by the Greek Council and Panhellenic Council. Currently, these are Alpha Xi Delta, Kappa Sigma, Sigma Sigma Sigma, Lambda Theta Phi, Lambda Theta Alpha, Sigma Lambda Gamma, and Tau Kappa Epsilon.

Student Success Center

Pocatello:

Rendezvous Building, 3rd Floor
(208) 282-3662
[isu.edu/success](https://www.isu.edu/success/) (<https://www.isu.edu/success/>)
success@isu.edu (ssc@isu.edu)

Idaho Falls:

Center for Higher Education, Room 220
(208) 282-7925
ifscc@isu.edu

The Student Success Center houses the following academic services and programs: Academic Success and Advancement Programs (ASAP), Academic Opportunities Program, Bengal Bridge Program, High School Equivalency Program (HEP), Intensive English Institute (IEI) / English for Speakers of Other Languages (ESOL), University Honors Program, and University Tutoring.

Student Leadership & Engagement Center

Student Leadership & Engagement Center
Pond Student Union, First Floor
921 S 8th Ave Stop 8118
(208) 282-3451

The Student Leadership & Engagement Center supports the holistic development of Idaho State University students through programs focused upon transition to the university, campus engagement, personal leadership, and service to others. Signature efforts of this office include Student Activities Board, Greek Life, Club Graphic, Summer Programs, and Clubs and Organizations.

TRiO Access and Opportunity Programs

Museum Building, Room 434
921 S 8th Ave Stop 8345
Pocatello, ID 83209-8345
(208) 282-3242
<http://www.isu.edu/trio/>
trio@isu.edu

ISU TRIO Access and Opportunity Programs is a multifaceted, federally funded student assistance program geared to preparing eligible students to enroll in and graduate from post-secondary institutions. Idaho State University is one of only five college/universities in the nation that hosts all SEVEN student-serving TRIO

grant programs. Here is a quick reference guide to help you understand all the aspects of ISU TRIO Access and Opportunity Programs.

TRIO Student Support Services

Collegiate Program

The TRIO SSS program provides advising, tutoring, and academic support to help first generation, limited income students and student with disabilities continue their post-secondary education and complete a bachelor's degree.

Office located in the ISU-Pocatello Museum Building RM 446

TRIO McNair Scholars Program

Collegiate Program

The TRIO McNair Scholars program assists students in their final two years of their undergraduate degree with the academic and professional development goal of participating in a research-based doctoral program.

Office located in the ISU-Pocatello Museum Building RM 446

TRIO Educational Talent Search

Pre-collegiate Youth Program

The TRIO ETS program is designed to help middle school and high school students prepare for and enroll in college. TRIO ETS staff members visit high schools weekly, providing college preparation advising, exposure field trips, and after school tutoring. ISU TRIO ETS serves 17 high schools from Wendell to the Idaho Falls area.

High Schools Served: Idaho Falls, Bonneville, Skyline, Blackfoot, Snake River, ShoBan, Highland, Pocatello, Century, American Falls, Aberdeen, Burley, Minico, Twin Falls, Canyon Ridge, Jerome, Wendell

TRIO Upward Bound and TRIO Upward Bound Math & Science

Pre-collegiate Youth Program

The TRIO UB/UBMS programs are divided into two periods of instruction: summer and academic year. During the summer, students come to ISU for a six-week residential program to take classes concentrating on college preparation coursework. The academic year offers tutoring and advising to students on a weekly basis. ISU TRIO UB/UBMS serves 9 high schools from Aberdeen to the Idaho Falls area.

High Schools Served by UB: American Falls, Aberdeen, Highland, Century, Pocatello

High Schools Served by UBMS: Shelley, Firth, Bonneville, Idaho Falls

TRIO Educational Opportunity Center

Pre-collegiate Adult Program

The TRIO EOC program provides counseling and information on college admissions to qualified adults who want to enter or continue a program of post-secondary education. The program aids with applications and financial aid, along with academic and financial counseling.

Offices are located at the College of Southern Idaho Mini-Cassia Center, CSI Twin Falls Campus Evergreen Building, CSI Gooding Outreach Center, and CSI Jerome Outreach Center.

High Schools Served: Mt Harrison, Kimberly, Buhl, Canyon Ridge, Gooding

TRIO Veterans Program

Pre-collegiate Adult Program

The TRIO Veterans program assists veterans who are interested in pursuing a technical certificate, associate degree, or a bachelor's degree at the college/university of their choice. TRIO Veterans staff support students with any aspect of their educational attainment.

Offices are located in the ISU Veterans Student Services Office, ISU Idaho Falls TAB Building, and on the College of Eastern Idaho campus.

In order to participate in any of the TRIO programs, potential participants must meet the following criteria:

- Two-thirds of participants must meet federal low-income guidelines AND be first-generation college students.
- Remaining one-third of participants may qualify by meeting a variety of eligibility requirements. These requirements depend on the specific TRIO program.
 - For the collegiate program, TRIO SSS students can qualify under this one-third criteria by being just low-income, just first generation, or a student with a disability.
 - For the TRIO McNair Scholars program the one-third eligibility can qualify by being part of an underrepresented group as defined by the US Department of Education. Underrepresented groups include African American (https://en.wikipedia.org/wiki/African_American/), Black, Hispanic (<https://en.wikipedia.org/wiki/Hispanic/>), Latino, American Indian (https://en.wikipedia.org/wiki/Native_Americans_in_the_United_States/), Alaskan Native (https://en.wikipedia.org/wiki/Alaskan_Native/), Native Hawaiians (https://en.wikipedia.org/wiki/Native_Hawaiians/), and Pacific Islanders (https://en.wikipedia.org/wiki/Pacific_Islanders/).
- Students must also show a need for program services.

University Counseling and Testing Services

Pocatello:

Graveley Hall, Top Floor, South Wing
921 S 8th Ave Stop 8027
(208) 282-2130
<http://www.isu.edu/ctc/>

Idaho Falls:

1784 Science Center Drive
Room 223 Bennion SUB
Stop 8150
(208) 282-7750
<http://www.isu.edu/ctc/>

Meridian Counseling Clinic:

ISU Meridian Health Science Center
1311 E Central Dr.
(208) 373-1732
<http://www.isu.edu/ctc/>

Counseling Service

The staff of the University Counseling and Testing Services are available to assist students who are encountering personal, social, and emotional difficulties while enrolled at Idaho State University. During an initial assessment process, the student and counselor discuss the student's needs and concerns and decide upon an appropriate plan for treatment. Individual counseling, group counseling, and

biofeedback are available. When appropriate, the counselor will assist the student with a referral. We counsel students with a variety of concerns including, but not limited to, anxiety, depression, low self-esteem, lack of motivation, concerns with eating or body image, stress, grief, and interpersonal relations including couple and family problems.

Our counseling services are free and confidentiality is maintained within the ethical and legal guidelines of the American Counseling Association, the National Association of Social Workers, the American Psychological Association, and the State of Idaho. Staff are licensed by the State of Idaho as social workers, counselors, or psychologists. Masters' and Doctoral trainees (interns) are under the direct supervision of licensed staff.

Consultation and Crisis Intervention Services

If you are a student in need or assisting a student in need, contact our office at (208) 282-2130 and ask to speak with a counselor during our business hours. We are also happy to assist faculty and staff in getting connected to the EAP or finding a counselor in the community. One staff member is available each day during normal working hours for emergencies and consultations. After normal working hours, emergency response is initiated by contacting Campus Security and/or 911. Counseling staff may coordinate and assist with follow-up to such emergencies.

In addition to crisis intervention and follow-up services, counseling service staff are available for a variety of other consultations. The most common consultations include debriefing with individuals and departments who have had a critical incident, assisting individuals and departments in working with students with difficulties and providing support and follow-up to individuals and departments undergoing significant change.

Outreach Services

Our staff provides a wide variety of outreach services including: teaching academic courses; leadership development programs; workshops on communication skills, mindfulness, anxiety, anger, stress management, suicide prevention, and mental health; guest lectures on a variety of topics; and information on such concerns as depression, anxiety, eating disorders, and sexual assault. Workshops, lectures, and courses can be designed to fit the needs of specific individuals, groups, or departments.

Testing Service

The University Counseling and Testing Service oversees a testing service primarily focused on vendor-based exams. In addition to serving the university's needs for course placement testing and limited special requests for proctored exams, we currently are a contracted test site for: PROMETRIC, ACT, Miller Analogies Test (MAT), GED, Pearson Vue, PSI, Kryterion, and CLEP. For current information on the cost and registration process for any of the over 500 examinations available through our center, please check out our website: <http://www.isu.edu/ctc/>.

University Health Center

921 S. 8th Ave. Stop 8311
(208) 282-2330
<http://www.isu.edu/healthcenter/>

All Idaho State University students regardless of insurance coverage, are eligible to receive services at the Health Center. There is no charge for an office visit.

University Health Center services are also available to ISU Faculty and Staff, their spouses, and dependents who have a valid Bengal ID card .

The University Health Center provides the entire range of medical office care as is provided at a hometown doctor's office. This includes everything from colds and flu to treatment of high blood pressure and diabetes. We care for broken bones, lacerations, abscesses, and other urgent care problems. Preventative health services such as immunizations, healthy lifestyle counseling, and birth control are areas of particular interest.

The University Health Center bills private insurance when billable services such as laboratory tests, X-ray studies, special procedures, etc., are performed. The University Health Center does its best to see people on the same day they are ill. Same day appointments are available daily. A valid Bengal ID card is required to obtain services. University Health Center services are also available to ISU Faculty and Staff, their spouses, and dependents who have a valid Bengal ID card.

The University Health Center is located at 990 Cesar Chavez Avenue—across from Graveley Hall.

University Honors Program

Rendezvous Building, 3rd Floor, Room 304A
921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010
(208) 282-1383
isu.edu/honors (<https://isu.edu/honors/>)
honors@isu.edu

The University Honors Program is an academic learning community that offers a broad range of enriched educational experiences, typically found at a small private college, for bright, talented, and ambitious undergraduate students. The main goals of the program are:

1. Interdisciplinary Scholarship – developing the ability to integrate knowledge to express well-constructed insight and originality of thought through multidisciplinary courses and methodologies.
2. Intellectual and Creative Engagement – using the appropriate methodology and theoretical framework that includes design, synthesis, and interdisciplinary research.
3. Citizen Scholar – addressing real-world problems and finding ethical solutions, a process that culminates in reflective civic engagement, respect for diversity, and service-oriented action.

The University Honors Program offers opportunities for broader, deeper, and more complex learning experiences for students through interdisciplinary, theme-driven course sequences. Courses are designed for students who are motivated to develop their critical and creative thinking in a more personalized atmosphere than may be expected in typical courses. These courses are offered in small class sizes (25 maximum enrollment), deal with broad and/or interdisciplinary issues, and confront some aspect of the human condition. Innovative teaching and assignments are encouraged, and interaction with faculty and class members is lively. The University Honors Program curriculum fulfills many of the General Education Requirements. Please check [isu.edu/honors](http://www.isu.edu/honors/) (<http://www.isu.edu/honors/>) for this year's core curriculum themes and additional information. Questions about the University Honors Program and courses may be directed to the address above.

University Tutoring

Pocatello:
Rendezvous Building, 3rd Floor
(208) 282-3662
isu.edu/tutoring (<https://isu.edu/tutoring/>) success@isu.edu

Idaho Falls:

Center for Higher Education, Room 220
(208) 282-7925
ifssc@isu.edu

University Tutoring supports students from diverse backgrounds in developing the active learning skills and content knowledge they need to meet their academic and professional goals. We provide a range of academic support services through our constituent programs (see below), including individual tutoring, group tutoring, in-person tutoring, and virtual tutoring. Tutoring sessions are by appointment, with some walk-in sessions available. Our primary goal is to facilitate students' persistence through the academic challenges they face while promoting their long-term self-efficacy.

Content Area Tutoring

The Content Area Tutoring (CAT) program provides tutoring in all academic areas (except writing and math, which are handled through the Writing and Math Centers). Tutoring information is available at the Student Success Center in Pocatello (REND 323, 282-3662) or Idaho Falls (CHE 220, 282-7925).

Information on tutoring support for College of Technology students is available at isu.edu/tech/tutoring (<https://isu.edu/tech/tutoring/>).

Math Center

The Math Center provides tutoring services to help students understand concepts in undergraduate math courses and courses with a math component. Tutors clarify what students know, how a math concept has been taught to them, and why they may be struggling with a particular concept. Tutors also work other examples with students to suggest approaches to the math problems that students are doing and enhance understanding.

Writing Center

The Writing Center provides in-person, online, and written feedback to help students improve the quality of their writing for undergraduate and graduate courses in all subjects. Tutors are available by appointment to work with students at any stage of the writing process, from generating ideas to revising full drafts.

They assist with organization and development of ideas for particular audiences and purposes, as well as with issues of punctuation and usage.

Veteran Student Services Center (VSSC) for the military-connected at Idaho State University

We are ISU's connection to the resources that support the academic and cultural success of those we serve. Our vision is to forge a military-connected community promoting Bengal success in education and beyond.

Resources:

- Peer Mentor and advocates
- Study lounge and computer resource center
- Disability Services coordination and tutoring assistance
- Transition Specialists
- Military Education Benefits Assistance
- Student Veterans of America – ISU Chapter
- Hero, the on-site facility/emotional support dog

Contact and location:

Student Union Building - 3rd Floor (near the Salmon River Suites)
(208) 282-4245 or veterans@isu.edu
Veterans' Crisis Line (<https://www.veteranscrisisline.net/ForVeterans.aspx>)

Wellness Center

Campus Recreation Office
Student Recreation Center, Room 266
(208) 282-2117
<http://www.isu.edu/wellness/> (<https://www.isu.edu/wellness/>)

Students at Idaho State University (ISU) have the unique opportunity of having a wellness center on campus. The mission of the Wellness Center is to promote a holistic approach to health by providing opportunities that facilitate and positively influence the multiple dimensions of health: physical, mental, emotional, spiritual, social, and environmental. The programs and services available through the Wellness Center focus on the physical dimension of wellness that can influence the other dimensions of wellness.

The Wellness Center offers the GET-FIT Program, which has a wide variety of group exercise classes. The classes include cardio/strength formats and mind/body formats. All classes are held at ISU's Reed Gym. The current class schedule for the GET-FIT Program is available at <https://www.isu.edu/wellness/get-fit/>.

The Wellness Center also offers fitness assessments and personal training to ISU students. Current ISU students have access to two free fitness assessments per semester. Information about the fitness assessments is available at <https://www.isu.edu/wellness/fitness-assessment/> (<https://www.isu.edu/camprec/fitness--gym-areas/>). The Wellness Center also offers nutrition/wellness coaching (<https://www.isu.edu/wellness/nutritionwellness-coaching/>) and personal training (<https://www.isu.edu/wellness/personal-training/>) (<https://www.isu.edu/camprec/personal-training/>). The first three sessions for nutrition/wellness coaching and personal training are \$5.00 each for current ISU students. Packages for both services are available for students after the first three sessions.

For additional information on Wellness Center programs and activities, please call the Wellness Center at (208) 282-2117, send an email to wellness@isu.edu, or visit the website at <https://isu.edu/wellness/>. Office hours during the Fall and Spring academic semesters are 8 a.m. - 5 p.m., Monday through Friday. Office hours during the Summer semester are 7:30 a.m. through 4 p.m., Monday through Friday.