

Outdoor Education Emphasis

50 credits, including Physical Education Core

Physical Education Core Component (included in PE Core): 9 credits

Note: First Aid (PE 2222) core requirements are satisfied by PE 2285, Wilderness First Aid, or PE 4441, Wilderness First Responder, included below.

Leadership and Teaching Component (10 credits)

Code	Title	Credits
PE 3386	Outdoor Leadership	3
PE 4440	Survey of Outdoor Education Literature	3
PE 4445	Methods of Teaching Outdoor Activities and Practicum (4 credits required for majors)	3-4

Outdoor Education Safety Component (8 credits)

Any of the following may be selected, but Outdoor Risk Management and Liability, Leave No Trace Trainer, and first aid certification (Wilderness First Aid, Wilderness First Responder or Emergency Medical Technician) are required.

Code	Title	Credits
PE 2271	Winter Survival Skills	1
PE 2272	Wilderness Survival Skills	1
PE 2282	Map Compass and Backcountry Navigation	1
PE 2283	Leave No Trace Trainer	1
PE 2285	Wilderness First Aid	1
PE 2286	Avalanche and Winter Sports Safety	1
PE 3381	River Safety and Swiftwater Rescue	1
PE 3383	Advanced Rock Climbing and Climbing Safety	2
PE 3384	Outdoor Risk Management and Liability	3
PE 4441	Wilderness First Responder Certification	3

Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.

A) Natural History OR B) Business Component - Students may select either one or the other of the following two options:

Option A: Natural History Component (minimum of 9 credits)

(Courses in this Option are waived for majors or minors in geology, biology, botany, zoology, or ecology.)

Code	Title	Credits
BIOL 1101 & 1101L	Biology I and Biology I Lab	4
BIOL 1102 & 1102L	Biology II and Biology II Lab	4
BIOL 2209 & 2209L	General Ecology and General Ecology Laboratory	4
BIOL 2213	Fall Flora	2
BIOL 2214	Spring Flora	2

BIOL 3337	Conservation Biology	3
BIOL 4426 & 4426L	Herpetology and Herpetology Lab	4
BIOL 4427 & 4427L	Ichthyology and Ichthyology Lab	4
BIOL 4438	Ornithology	4
BIOL 4441 & 4441L	Mammalogy and Mammalogy Lab	4
BIOL 4489	Field Ecology	4
GEOL 1100	The Dynamic Earth	3
GEOL 1100L	The Dynamic Earth Lab	1
GEOL 1101	Physical Geology	3
GEOL 1101L	Physical Geology Lab	1
GEOL 4456	Geology of Idaho	2
GEOL 4491	Seminar	1
PHYS 1152	Descriptive Astronomy	3
PHYS 1153	Descriptive Astronomy Laboratory	1

Option B: Outdoor Business Component (9 credits)

(Courses in this Option are waived for business related majors or minors.)

Code	Title	Credits
BA 1110	The World of Business	3
MKTG 2225	Basic Marketing Management	3
ACCT 3303	Accounting Concepts	3

Experiential Skills Component (Minimum of 8 credits)

Courses selected must be different from those used to fulfill the requirements of the Outdoor Education Safety Component.

(Note: Only eight (8) PEAC credits can be counted towards graduation requirement.)

Code	Title	Credits
PEAC 1101	Adaptive Snow Skiing	1
PEAC 1108	Instructor Training of Adapted Snowskiing	1
PEAC 1163	Backpacking	1
PEAC 1165	Backcountry GPS Navigation	1
PEAC 1166	Canoeing	1
PEAC 1167	Kayak Touring	1
PEAC 1175A	Beginning Kayaking	1
PEAC 1176A	Beginning Rock Climbing	1
PEAC 1177A	Beginning Cross-Country Skiing	1
PEAC 1178A	Beginning Telemark Cross-Country Skiing	1
PEAC 1178B	Intermediate Telemark Cross-Country Skiing	1
PEAC 1181	Mountain Biking	1
PEAC 1182C	Advanced Dutch Oven Cooking	1
PEAC 1185	Basic Mountaineering	1
PEAC 1186B	Intermediate Fly Fishing	1
PEAC 1189	Beginning Gym Climbing	1
PEAC 1191B	Intermediate Horsemanship	1

PEAC 1194	Caving Workshop	1
PE 2200	Team Building Leadership	2
PE 2271	Winter Survival Skills	1
PE 2272	Wilderness Survival Skills	1
PE 2280	Winter Camping and Backcountry Travel	1
PE 2281	Practical Outdoor Skills	1
PE 2282	Map Compass and Backcountry Navigation	1
PE 2284	Intermediate Kayaking and Whitewater Safety	1
PE 2286	Avalanche and Winter Sports Safety	1
PE 2287	Snowboard Instructor Training	1
PE 2288	Ski Instructor Training	1
PE 3381	River Safety and Swiftwater Rescue	1
PE 3383	Advanced Rock Climbing and Climbing Safety	2
PE 4491	Physical Education Workshop ¹	1-3

¹ When workshop relates to outdoor education, i.e., Canoe Workshop (1 credit), Whitewater Rafting Workshop (1 credit), Backpacking Workshop (1 credit), Advanced Kayaking-Summer Field Experience (1 credit), Beginning Rock Climbing-Summer Field Experience (1 credit), Advanced Rock Climbing-Summer Field Experience (1 credit).

Electives (minimum of 6 credits)

Courses may include those listed in the Natural History Component, and/or Business Component, and/or the following:

(Other courses may be approved by the advisor.)

Code	Title	Credits
CMP 2201	Business and Professional Communication	3
CMP 2202	Photo, Graphic, and Video Editing	3
CMP 2241	Introduction to Public Relations	3
CMP 2251	Introduction to Photography	3
CMP 3308	Groups and Communication	3
CMP 3339	Web Design	3
ENGL 2206	Creative Writing Workshop	3
ENGL 3307	Professional and Technical Writing	3
ENGL 3308	Business Communications	3
HIST 4432	U.S. Environmental History	3
MGT 3312	Individual and Organizational Behavior	3
MGT 4441	Leading in Organizations	3
PE 3322	Introduction to Sport Psychology	3
PE 3364	Introduction to Sport Law	3
PE 3366	Sport Marketing	3
PE 4493	Issues in Sport	3
POLS 4455	Environmental Politics and Policy	3
POLS 4457	Grantwriting	3