

Minor in Coaching

The Coaching minor is modeled from the NASPE National Standards for Athletic Coaches which are intended to provide direction for administrators, coaches, athletes and the public regarding the skills and knowledge that coaches should possess. There are a total of 37 standards organized in 8 domains. The domains include: Injury Prevention, Care and Management; Risk Management; Growth, Development and Learning; Training, Conditioning and Nutrition; Social-Psychological Aspects of Coaching; Skills, Tactics and Strategies; Teaching and Administration; and Professional Preparation and Development.

To be eligible for the Coaching minor, candidates must complete 19 credits—12 credits of required courses and 7 credits of elective courses. The candidate must achieve the following in addition to completing the course requirements:

1. A minimum grade of “C” (2.0) in all required and elective minor courses.
2. A minimum GPA of 3.0 in the minor.

Required Courses (12 credits):

Code	Title	Credits
PE 3303	Kinesiology for Teachers and Coaches	3
PE 3322	Introduction to Sport Psychology	3
PE 3370	Care and Prevention of Athletic Injuries	3
PE 4480	Coaching Problems	3

Elective Courses (7 credits total):

Code	Title	Credits
Select four (4) credits:		4
PE 3312	Practical Applications of Coaching Baseball and Softball	
PE 3313	Practical Applications of Coaching Basketball	
PE 3314	Practical Applications of Coaching Football	
PE 3315	Practical Applications of Coaching Soccer	
PE 3316	Practical Applications of Coaching Tennis	
PE 3317	Practical Applications of Coaching Track and Field	
PE 3318	Practical Applications of Coaching Volleyball	
PE 3319	Practical Applications of Coaching Wrestling	
Select three (3) credits:		3
PE 3300	Movement Theory and Motor Development	
PE 4475	Organization and Administration of Physical Education	
PE 4493	Issues in Sport	