## Physical Education 45 Credit Endorsement

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>PE 2222</td>
<td>First Aid CPR and Sport Safety</td>
<td>3</td>
</tr>
<tr>
<td>PE 2223</td>
<td>Foundations of Physical Education and Sport</td>
<td>3</td>
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<tr>
<td>PE 2237</td>
<td>Activity Performance Techniques III</td>
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<tr>
<td>PE 2243</td>
<td>Anatomical Foundations of Human Activity</td>
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<tr>
<td>PE 2281</td>
<td>Practical Outdoor Skills</td>
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<tr>
<td>PE 3300</td>
<td>Movement Theory and Motor Development</td>
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<tr>
<td>PE 3303</td>
<td>Kinesiology for Teachers and Coaches</td>
<td>3</td>
</tr>
<tr>
<td>PE 3357</td>
<td>Methods of Teaching Elementary Physical Education</td>
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</tr>
<tr>
<td>PE 3362</td>
<td>Tests and Measurements in Physical Education</td>
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</tr>
<tr>
<td>PE 3370</td>
<td>Care and Prevention of Athletic Injuries</td>
<td>3</td>
</tr>
<tr>
<td>PE 4437</td>
<td>Methods of Teaching Secondary Physical Education</td>
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</tr>
<tr>
<td>PE 4475</td>
<td>Organization and Administration of Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PE 4494</td>
<td>Adapted Physical Activity</td>
<td>3</td>
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**One (1) Aquatics PEAC course, examples include:**  
- PEAC 1170A  
- Beginning Swimming  
- PEAC 1170B  
- Intermediate Swimming

**One (1) Field based PEAC course, examples include:**  
- PEAC 1155A  
- Beginning Soccer  
- PEAC 1158  
- Softball  
- PEAC 1159  
- Ultimate Frisbee

**One (1) Court based PEAC course, example include:**  
- PEAC 1151A  
- Beginning Tennis  
- PEAC 1156A  
- Beginning Basketball  
- PEAC 1157A  
- Beginning Volleyball

**One (1) Lifetime activity PEAC course, examples include:**  
- PEAC 1122A  
- Beginning Yoga  
- PEAC 1132A  
- Spinning  
- PEAC 1175A  
- Beginning Kayaking

**One (1) additional PEAC course from the examples listed above**

**One of the following:**
- PE 3322  
- Introduction to Sport Psychology  
- or PE 3364  
- Introduction to Sport Law

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1. For a complete list, please see [https://www.isu.edu/sspe/physical-education-activity-courses/](https://www.isu.edu/sspe/physical-education-activity-courses/) or see your advisor.

IN ADDITION: Candidate must present a current First Aid and CPR Card to advisor at the time of graduation.