# Health Education 45 Credit Endorsement

**Prerequisites:**
Admission to Teacher Education Program

**Required Courses:**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>CPH 2200</td>
<td>Promoting Wellness</td>
<td>3</td>
</tr>
<tr>
<td>CPH 2221</td>
<td>Introduction to Community and Public Health</td>
<td>3</td>
</tr>
<tr>
<td>CPH 3340</td>
<td>Fitness and Wellness Programs</td>
<td>3</td>
</tr>
<tr>
<td>CPH 3342</td>
<td>Stress Management</td>
<td>3</td>
</tr>
<tr>
<td>CPH 4410</td>
<td>Health Behavior Change Theory and Application</td>
<td>3</td>
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<tr>
<td>CPH 4415</td>
<td>Research Methods in Public Health</td>
<td>3</td>
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<tr>
<td>CPH 4420</td>
<td>Program Planning</td>
<td>3</td>
</tr>
<tr>
<td>CPH 4430</td>
<td>Curriculum and Methods in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>CPH 4432</td>
<td>Community and Public Health</td>
<td>3</td>
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<tr>
<td>CPH 4442</td>
<td>Environmental Health in Community and Public Health</td>
<td>3</td>
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<tr>
<td>CPH 4443</td>
<td>Substance Use and Misuse in Community and Public Health</td>
<td>3</td>
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<tr>
<td>CPH 4444</td>
<td>Human Diseases in Community and Public Health</td>
<td>3</td>
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<td>CPH 4445</td>
<td>Human Sexuality in Community and Public Health</td>
<td>3</td>
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<tr>
<td>NTD 2239</td>
<td>Nutrition</td>
<td>3</td>
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**Plus one of the following courses (Minimum 3 credits)**

- CPH 2211 Health Education Methods Elementary
- CPH 4405 Leadership and Policy
- CPH 4406 Epidemiology
- CPH 4446 Communication Strategies in Community and Public Health
- CPH Approved Electives (1-3)