# Physical and Occupational Therapy

Program Description	Type	Degree
Health Science, B.S. with Concentration in Pre- Occupational Therapy (http://coursecat.isu.edu/ undergraduate/college-of-health/school-of- rehabilitation-and-communication-sciences/ physical-and-occupational-therapy/bs-health- science-pre-ot-conc/)	Degree	B.S.
Health Science, B.S. with Concentration in Pre-Occupational Therapy, Accelerated (http://coursecat.isu.edu/undergraduate/college-of-health/school-of-rehabilitation-and-communication-sciences/physical-and-occupational-therapy/bs-health-science-pre-ot-accelerated-conc/)	Degree	B.S.

# Department of Physical and Occupational Therapy

The Department of Physical and Occupational Therapy offers the Doctor of Physical Therapy (DPT) and the Master of Occupational Therapy (MOT) graduate degrees for those students wanting to enter the professions of occupational or physical therapy. The programs are three years in length and degrees are granted after completion of all academic and clinical requirements. Both graduate degree programs are accredited.

A 3.0 overall GPA for all prerequisite course work and a 3.0 GPA in each science area is required for consideration for admission into either program. Applicants must additionally meet all requirements for admission to the Graduate School. In addition to specific course prerequisites, applicants will have to provide evidence of having worked in a physical therapy or an occupational therapy setting as an aide or volunteer.

Undergraduate students preparing for physical or occupational therapy should choose a major that is of interest to them and will assist in completion of prerequisite course work. Baccalaureate students will have advisors in their major department, but should also seek additional health professions' advising through the Pre-Health Advising Office. Students who have completed a baccalaureate degree and who are completing prerequisites for physical or occupational therapy should contact the Department of Physical and Occupational Therapy for advising at dpot@isu.edu. Please refer to the Physical Therapy (https://www.isu.edu/pt/future-students/admission-requirements/) and Occupational Therapy (https://www.isu.edu/ot/master-of-ot/entry-requirements/) program pages for the most current admissions requirements.

# **Occupational Therapy Graduate Program**

The Occupational Therapy Graduate Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 6116 Executive Boulevard, Suite 200, Bethesda, MD 20852-4929. AOTA's phone number is 301-652-AOTA; website is http://www.acoteonline.org (https://www.aota.org/Education-Careers/Accreditation.aspx). Graduates will be able to sit for the national certification examination for the occupational therapist administered by the National Board for Certification in Occupational Therapy (NBCOT). Annual NBCOT program results for ISU's MOT program are available on the NBCOT website. (https://www.nbcot.org/en/Educators/Home/#SchoolPerformance)

# **Occupational Therapy Preparation**

Occupational therapists are health practitioners with graduate-level degrees, who help people participate in the things they want and need to do across the lifespan, through the therapeutic use of everyday activities or "occupations". Common occupational therapy interventions include helping children with disabilities participate in school and social situations, helping people recovering from injuries regain skills, and providing strategies to promote participation in everyday life activities for older adults who experience physical and cognitive changes.

The participatory nature of occupational therapy is extremely broad and requires practitioners who have an interest in the complexity of humanity and the diversity of human occupations. Occupational therapists must also have the ability to think critically and creatively so they can address occupational performance problems that result from developmental issues, disease, trauma, and mental illness. To meet these needs, students must enter the profession with a foundation in the liberal arts, as well as biological, physical, and social sciences. Graduate-level programs in occupational therapy require specific coursework as prerequisites to apply for admission to their programs. Graduate-level programs in occupational therapy do not require a specific undergraduate degree for admissions.

B.S. Health Science, Pre-Occupational Therapy Concentration (http://coursecat.isu.edu/undergraduate/college-of-rehabilitation-and-communication-sciences/physical-and-occupational-therapy/bs-health-science-pre-ot-conc/)

The Bachelor of Science in Health Science (BSHS) Pre-Occupational Therapy Concentration (4+3) is a degree program designed for students interested in a future career in this health profession. The program provides a concentration area for students who wish to eventually apply to a graduate program in occupational therapy. One BSHS degree concentration area, Pre-Occupational Therapy, allows students to obtain a broad health science background by completing a BSHS degree. Once completed, students with the BSHS degree have the necessary academic prerequisites to apply to many graduate-level occupational therapy programs, though students should carefully check the prerequisite requirements for the programs to which they wish to apply, since different programs may have some different admission requirements. Admission and completion of this concentration area does not guarantee admission into ISU's Master of Occupational Therapy program.

This concentration prepares students to apply to graduate programs in occupational therapy. Graduate occupational therapy programs will accept a wide range of undergraduate degrees, however, the B.S. in Health Science with the Pre-Occupational Therapy Concentration prepares students for future practice in health care, while efficiently including the courses required for admission into graduate programs in occupational therapy.

# **Admission into the Occupational Therapy Program**

Students with a bachelors degree may be admitted for fall semester entry into the Master of Occupational Therapy (MOT) program by applying either through the Occupational Therapy Centralized Application System (OTCAS (https://otcas.liaisoncas.com/applicant-ux/#/login)) system or a paper application and through the normal ISU Graduate School (https://www.isu.edu/apply/graduate/) admissions procedure. Applicants must satisfy the prescribed prerequisite and other admission requirements as outlined on the MOT website (https://www.isu.edu/ot/master-of-ot/entry-requirements/). Although any undergraduate major is acceptable for entry into the MOT program, it is recommended that

applicants select a degree that aligns closely with our required prerequisites listed below.

B.S. Health Science, Accelerated Pre-Occupational Therapy Concentration (http://coursecat.isu.edu/undergraduate/college-of-rehabilitation-and-communication-sciences/physical-and-occupational-therapy/bs-health-science-pre-ot-accelerated-conc/)

The B.S. in Health Science, Accelerated Pre-Occupational Therapy Concentration (3+3), which is available to a limited number of students selected on a competitive basis, provides the opportunity for students to enter the graduate-level ISU Occupational Therapy program during their fourth undergraduate year and complete a pre-professional year in the program as an undergraduate. During the first three years, students who wish to pursue this concentration area complete a course of study that meets the ISU General Education requirements, the BS Health Science Core courses, and the OT program prerequisite course requirements. Student applicants must complete Chemistry (CHEM 1101 (http://coursecat.isu.edu/search/?P=CHEM%201101)) and Statistics (MATH 1153 (http://coursecat.isu.edu/search/?P=MATH %201153)) with an earned grade of B+ or better before applying for accelerated entry status. These students may apply during the fall semester of their academic junior year for accelerated entry status. If accepted, they complete the preprofessional year within the OT program during their senior year. Upon completion of the pre-professional year, each student will receive a Bachelor of Science in Health Science degree and continue (after acceptance by the Graduate School) as a graduate student, directly into the third semester (summer) of the Master of Occupational Therapy program, with expected completion and awarding of the master's degree two years later. Due to the competitive nature of admission to graduate-level occupational therapy programs, students are strongly encouraged to maintain a grade point average of 3.0 or better throughout the BSHS curriculum.

Students not accepted into the accelerated concentration area may continue within the pre-OT curriculum, earn their bachelor's degrees, and apply to graduate-level occupational therapy programs at ISU and elsewhere through the traditional graduate school processes.

The combination of the BSHS and MOT program creates a seamless entry into the occupational therapy profession, ensuring all prerequisites in social, physical, and biological sciences are completed in a timely manner. For the most current information and application instructions for the BSHS Accelerated program, check out the webpage (https://www.isu.edu/ot/bachelor/pre-ot-accelerated/) or contact Dr. Kelly Thompson, Director of BSHS Pre OT Accelerated at kellythompson@isu.edu.

#### **Occupational Therapy Program Prerequisites**

Applicants must complete the following prerequisite courses with a minimum GPA of 3.0 in each of the specified categories.

#### SOCIAL BEHAVIORAL SCIENCE (4 courses, 3 credits each)

Human Development Sociology Abnormal Psychology Cultural Anthropology

# BIOLOGY (2 courses, 4 credits each)

*Human Anatomy and Physiology*, each with laboratory; These courses must have been completed within the last 5 years.

# CHEMISTRY (3 credits)

Chemistry, College-level chemistry course. Laboratory not required.

#### **MATHEMATICS (3 credits)**

Statistics - Statistics course from any department. Research Methods, Tests and Measurements and Marketing Statistics will NOT meet this requirement.

#### **ENGLISH/COMMUNICATION (5-6 credits)**

Composition

Speech, Public Speaking or Communication - 2-3 credits

## LIBERAL ARTS (15 credits)

15 credits from the following departments, with no more than 8 credits from any department:

**Economics** 

Education

Ethics

Fine Arts (music, art, theater, dance)

Language (including sign language)

History

Humanities

Literature

Philosophy

Political Science

#### HIGHLY RECOMMENDED COURSES

Physics with Laboratory Technical Writing

#### COMPUTER COMPETENCE

Applicants must be competent with word processing and spreadsheets prior to entry into the program. Course and/or verification not required.

# **Physical Therapy Graduate Program**

The Physical Therapy Graduate Program is accredited by the Commission on Accreditation of Physical Therapy Education (CAPTE (http://www.capteonline.org/home.aspx)) 3030 Potomac Ave., Suite 100, Alexandria, Virginia, 22305-3085; Telephone: 703-706-3245; email: accreditation@apta.org; website: http://www.capteonline.org (http://www.capteonline.org/home.aspx).

# Admission into the Physical Therapy Program

Although any undergraduate major is acceptable for entry into the Doctor of Physical Therapy (https://www.isu.edu/pt/) (DPT) program, preparation must provide a strong background in natural and social sciences and include the following prerequisite courses:

# **Physical Therapy Program Prerequisites**

# **BIOLOGY (3 courses)**

1 & 2. Anatomy and Physiology each with laboratory (vertebrate or human), 2 semesters or 2-3 quarters. These courses must have been completed within the last 7 years. Courses on human anatomy and physiology MUST be listed in Biology, Zoology, Anatomy, or Physiology Departments for fulfillment of this requirement. Botany courses will NOT be accepted.

3. Exercise Physiology, 2 or 3 credits. This course may be found in Physical Education departments.

# **CHEMISTRY (2 courses)**

1 & 2. Introductory Chemistry with laboratory, 2 semesters or 2-3 quarters. A more recently completed chemistry course at upper division or graduate

level with laboratory may also meet this requirement. Must be courses for science majors.

#### PHYSICS (2 courses)

1 & 2. Introductory Physics with laboratory, 2 semesters or 2-3 quarters. A more recently completed physics course at upper division or graduate level with laboratory may also meet this requirement. Must be courses for science majors.

## **MATHEMATICS (1 course)**

1. Statistics - 3 or more units. Courses about research methods or tests and measurements will NOT meet this requirement.

#### PSYCHOLOGY (2 courses)

- 1. *Introductory Psychology, Sociology or Anthropology*. More recent upper division psychology courses may be accepted.
- 2. Course in Abnormal or Human Developmental/Lifespan Psychology (3 credits)

## **MEDICAL TERMINOLOGY (1 semester)**

1. One semester of Medical Terminology.

## COMPUTER COMPETENCE AND TECHNICAL WRITING

Applicants must be competent in working with computers and be able to use word processing and spreadsheet software prior to entry into the program. A course in *Technical Writing* is strongly recommended.

Physical and Occupational Therapy Faculty (http://coursecat.isu.edu/undergraduate/college-of-health/school-of-rehabilitation-and-communication-sciences/physical-and-occupational-therapy/faculty/)

PTOT Courses (http://coursecat.isu.edu/undergraduate/allcourses/ptot/)