Counseling

Chair and Professor: Kleist
Professor: Horn
Associate Professors: Astramovich, Moody, Stewart, Yates
Assistant Professors: Austin, Borden
Clinical Assistant Professors: Lamprecht, Parmanand
Adjunct Faculty: Erickson
Emeriti Faculty: Allen, Crews, Feit, Edgar, Lloyd

Department Mission Statement

The principal mission of the Department of Counseling is to prepare quality counselors for various settings in Idaho and the nation. More specifically, we seek to prepare quality School Counselors for public schools in K-12 settings; Clinical Mental Health Counselors; Clinical Rehabilitation Counselors; and Marriage, Couple, and Family Counselors for community agencies and other mental health settings; and Student Affairs Counselors for working in college settings such as advising, residence halls, and career centers.

We additionally prepare doctoral level counselor educators and supervisors to work primarily in institutions of higher learning as faculty members in counselor education programs. We believe that it is also our mission to:

- instill a strong sense of professional counselor identity as counselor educators;
- help students gain an appreciation of the rich knowledge base in the profession of counseling;
- develop student expertise in the skills of counseling;
- aid students to become licensed and/or certified as professional counselors, and obtain specialty certification as needed (i.e., school counselor, clinical rehabilitation counselor)
- aid students/graduates in their initial job placement;
- teach and perform research applicable to the practice of counseling, counselor education, and supervision;
- aid students in understanding the diversity of views and cultures within our profession and the environment in which counselors practice.

The Department of Counseling also has a mission within the Kasiska Division of Health Sciences, College of Health, to represent the mental health perspective within the Division and to consult with Division faculty and departments in encouraging a holistic perspective toward health care services.

Counselor Education

Graduate-level preparation for

1. counselors who seek employment in schools, universities, community mental health, and various other settings, and
2. college student affairs professionals.

Pre-Counseling and Pre-Student Affairs

Preparation should consist of a broad undergraduate course of study, including some work in psychology (learning and personality theory), sociology, and the communication skills. For those seeking positions in public elementary and secondary schools, state certification requirements should be considered.

Degree Programs

Degree programs offered by the department include Doctor of Philosophy, Master of Counseling, and Educational Specialist. Majors are available within the Masters of Counseling (M.Coun) degree: Marriage, Couple, and Family Counseling; Clinical Mental Health Counseling; Clinical Rehabilitation Counseling; School Counseling; Student Affairs Counseling (M.COUN.); and Counseling (Ed.S.).

Accreditation

The Counselor Education programs are approved by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) as follows: Marriage, Couple, and Family Counseling (M.COUN.); Clinical Mental Health Counseling (M.COUN.); School Counseling (M.COUN.); Student Affairs Counseling (M.COUN.); and Counselor Education and Counseling (Ph.D.). The Clinical Rehabilitation Counseling Program is new for the Fall of 2020. Accreditation will be sought by the Spring of 2021, with the accreditation decision made by CACREP in the Summer of 2021. When accreditation is received in the summer of 2021, all students graduating in the Spring of 2021 (and for those that graduate within 18 months of the accreditation decision) will have graduated from a CACREP accredited program.

Progression in Clinical Track Classes - Master's

Students who obtain a final grade of 2.7 (B-) or lower in any clinical track class will be dismissed from the Department of Counseling. Students who withdraw from any clinical track class, without the prior approval of the department, will be dismissed from the program. Students can appeal their dismissal from the program through ISU's Appeal Policy (http://coursescat.isu.edu/graduate/generalinfoandpolicies/appealsanddismissals/).

Departmental Dismissal Policies

Master's Degree Retention and Dismissal Policy

Department of Counseling faculty are confident that each student admitted has the potential to be successful in graduate study. Success in course work, clinical practice, case presentations, comprehensive exams, oral exam, and enactment of the core dispositions are examples of a student's progress toward completing a degree in the Department of Counseling. However, admission into the counseling program does not guarantee success. Faculty expect students to fully engage in all aspects of the learning environment, showing openness to new experiences and risk-taking necessary to develop as a person and professional counselor. The student’s Committee Chair plays an integral role in giving feedback to a student, thus providing opportunities for continued growth and development. Engagement in all aspects of the academic experiences developed by faculty in the Department exemplify professional competence and will increase the probability of successful completion of the program.

The Department of Counseling faculty members have a professional responsibility to serve as gatekeepers for the counseling profession. Counseling is a discipline that requires active and complex gatekeeping to protect the public welfare of our communities. In particular, gatekeeping refers to the responsibility of all counselors, counselor educators, and student counselors to intervene with counselor trainees, supervises, professional colleagues, and supervisors who engage in behavior that could threaten the welfare of those receiving counseling services. This responsibility is mandated in the ethical standards of both the American Counseling Association (ACA) and the National Board for Certified Counselors (NBCC) by specifying that counselors must act to rectify the problematic condition through appropriate organizational and professional
channels (ACA, 2014, Section F.5.; NBCC, 2005, Section A; McAdams & Foster, 2009).

Faculty, site supervisors, and doctoral students systematically discuss and evaluate students’ progress in the program. When impediments are identified, the student will be informed verbally and in writing. Impediments may include, but are not limited to, those offered by Frame and Stevens-Smith (1995):

1. inability to be open, flexible, positive, and cooperative
2. unwilling to accept and use feedback
3. unaware of impact on others
4. inability to deal with conflict and accept personal responsibility
5. inability to express feelings effectively and appropriately

The above examples are also found in the description of the Core Dispositions (see page 12 of the Student Handbook). If others (i.e., faculty, doctoral level supervisors, and site supervisors) have made similar observations, the Department Chairperson, Master’s Committee Chair, or other faculty will initiate a meeting with the student to discuss the apparent impediment to progress toward professional competence. Remedies and expected behavior changes will be discussed and outlined in written and verbal form.

Students will be given specific feedback on the nature of their impediment(s) as well as steps to remove the barrier(s) to progress when appropriate. In many instances a Professional Progression Plan (PPP) will be crafted to provide clear and specific ways the student can improve and continue to progress in the program. However, in more extreme cases (e.g., student poses a potential harm to self or others), faculty may choose to remove the student from the program without a PPP. In such cases, faculty will meet to discuss the student’s failure to meet continuation standards (i.e., retention requirements) and a vote for dismissal will be entertained, guided by Graduate School policy.

The PPP represents a formal agreement between the Department and student who has been identified as having impediments to her/his progress as a counselor in training. Upon receipt of the PPP, the student will review the plan and provide her/his signature indicating an understanding of the requirements expected and as agreement to meet the requirements described within. A student who chooses not to sign the PPP should understand this will initiate a faculty meeting to discuss the student’s failure to meet continuation standards, and a vote for dismissal will be entertained, guided by Graduate School policy. The Chairperson will inform the student of the appeals process.

Dismissal of a master’s student can be initiated in a variety of circumstances including, but not limited to, the following:

- Dismissal will occur when students violate the criteria established by the Graduate School (see Appeals and Dismissals (http://coursecat.isu.edu/graduate/generalinfoandpolicies/appealsanddismissals/) section of the ISU Graduate Catalog).

Dismissal for failure to meet continuation standards related to academic and clinical competency will occur when a student:

1. Earns a B- or below in COUN 6696 Prepracticum Counseling Techniques,
2. OR earns a B- or below in COUN 6621 Counseling Ethics,
3. OR earns a B- or below in COUN 6624 Cultural Counseling,
4. OR six credits at or below 2.7 (B- or below),
5. OR earns below a 3.0 cumulative GPA (B),
6. Or when students earn less than 3.0 (B) in Practicum COUN 6697 or Internship COUN 6698.

In addition, students earning a 2.7 (B-) or below in clinical coursework must petition and gain approval from the graduate faculty in the department in order to continue in the program. The Department of Counseling follows the Appeal Process detailed in the Appeals and Dismissals (http://coursecat.isu.edu/graduate/generalinfoandpolicies/appealsanddismissals/) section of the ISU Graduate Catalog.

Due to the nature of the program, students can be dismissed for professional competence concerns (i.e., unrelated to success with course assignments and grades). The American Counseling Association Code of Ethics (2014) requires counselor educators to provide remediation and/or dismissal from counseling programs when “they become aware of limitations that might impede performance” or when students are unable to demonstrate “they can provide competent counseling services to a range of diverse clients (6.f.b.).” As stated above, gatekeeping is an ethical mandate for counselor educators and designed to protect counselors in training and their current and future clients. Professional competence concerns that could lead to dismissal include, but are not limited to, impairment as described by Frame and Stevens-Smith (1995), academic dishonesty, ethical violations, lack of professional comportment, personal attitudes or value systems that conflict with effective counseling relationships, and personal concerns or psychopathology.

Academic Dishonesty includes, but is not limited to, cheating and plagiarism. For the complete statement on academic dishonesty, please refer to the Academic Dishonesty (http://coursecat.isu.edu/graduate/generalinfoandpolicies/academicdishonesty/) section of the ISU Graduate Catalog. Examples of ethical violations include, but are not limited to, the improper use of technology, failure to secure informed consent, and breach of confidentiality. Lack of professional comportment includes, but is not limited to, a lack of engagement in course requirements, issues within interpersonal relationships with peers, doctoral students, and faculty, and inappropriate use of power with clients and other students. The faculty believe the enactment of the core dispositions embodies the values of the counseling profession and deficiencies in these areas could lead to dismissal. All students are encouraged to seek counseling and attend to their mental health. A student’s unwillingness to attend to intra- or inter-personal impediments contributing to impairment may lead to dismissal.

**Dismissal Process Flow Chart**

Process is continuous from start to graduation.

In addition to the ACA Code of Ethics, the Department of Counseling adheres to Idaho State University policies with regard to student conduct and academic dishonesty (http://coursecat.isu.edu/graduate/generalinfoandpolicies/academicdishonesty/). For more information about university expectations of student conduct, see the Idaho State University Handbook (https://www.isu.edu/media/libraries/student-affairs/Student-Handbook-1.pdf) located on the Division
of Student Affairs (https://www.isu.edu/studentaffairs/) website: https://www.isu.edu/studentaffairs/).

**Doctor of Philosophy in Counselor Education and Counseling**

The Doctor of Philosophy (Ph.D.) is the highest university award given in recognition of completion of academic preparation for professional practice in counseling. Candidates are provided primarily with courses and practicum/ internship experiences that will be instrumental in assisting them to function more effectively as professional counselor educators, as counseling practitioners, and as researchers.

**Goals**

The Doctor of Philosophy (Ph.D.) in Counselor Education and Counseling is designed to prepare graduates for work in counselor education programs and doctoral level counselors for work in university counseling centers and other counseling sites. The major emphasis of this program is to prepare graduates for a career in university teaching, supervision, and research in counseling programs.

Counselor education and counseling students at Idaho State University will be:

1. Prepared to teach courses in counseling skills and counseling theories.
2. Prepared to supervise counselors and counseling students via individual/ triadic and group supervision across all counseling specialties (i.e., Clinical Mental Health Counseling; Marriage, Couple, and Family Counseling; Student Affairs Counseling; and School Counseling).
3. Prepared to teach selected courses in one or more of the CACREP major areas.
4. Prepared to teach selected courses in the general CACREP common core.
5. Prepared to evaluate counselor education programs and counseling sites.
6. Knowledgeable of professional issues in the field of counselor education and profession of counseling.
7. Knowledgeable of ethical issues and practices in the field of counselor education and profession of counseling.
8. Experienced in developing and conducting qualitative and quantitative research.
9. Experienced in writing for professional publication.
10. Experienced in the advisement and mentorship of master’s level counseling students.
11. Knowledgeable and skilled in providing advanced clinical counseling skills.
12. Knowledgeable of the sociological manifestations of cultural diversity.

**Admission Criteria**

The student must apply to and meet all criteria for admission to the Graduate School. In addition, persons applying for admission to the doctoral program in Counselor Education and Counseling must meet the following criteria for selection. Applicants must have:

1. a master's degree from a CACREP accredited program and be licensed as a counselor in Idaho or a state with comparable requirements OR a master's degree in counseling and be a Nationally Certified Counselor and apply for an Idaho Counseling License upon admission to the doctoral program OR a master's degree in counseling, one year of full time post-master's degree counseling experience, graduate coursework curriculum requirements in all of the CACREP common core areas, and be a Nationally Certified Counselor or Idaho Licensed Counselor (persons who do not meet these requirements may be considered for admission as Classified w/PR while removing deficiencies in coursework and/or credentials);
2. taken the Graduate Record Examination (GRE) or the Miller Analogies Test (MAT). Preference will be given to scale scores of 40 percentile or more;
3. a professional resume;
4. a maximum one-page statement of post-doctoral career objectives;
5. submitted three (3) letters of recommendation;
6. completed the online Idaho State University Graduate School and Department of Counseling application; and
7. completed an on-campus interview by the Department of Counseling Admissions Committee.

The Admissions Committee will make the final decision regarding admission. This decision will be based on grade point and test score ranking, as well as on the committee's impression of the applicant's interpersonal style and compatibility of personality with the program's training philosophy and his or her writing sample.

**Selection Schedule for Doctoral Study**

To apply to Graduate School and the Department of Counseling, go to http://www.isu.edu/apply/ and click on Graduate Application. The application materials for the Ph.D. in Counselor Education and Counseling program must be submitted by December 1 to be considered for admission for the following academic year.

Selection of applicants for on-campus (ISU-Pocatello) interviews will be announced by early January. Notification of successful applicants for admission and alternates will be announced by approximately late January. A maximum of 5-6 students are admitted to the program each year (ISU-Pocatello, 4; ISU-Meridian, 2). Classes begin in the Fall semester of each year.

**Master’s Degree Curriculum Review**

Doctoral students who have earned their master’s degree from a 60 credit hour CACREP accredited program will be assumed to have entry-level knowledge in core and major course areas. Those not graduating from a 60 credit hour CACREP accredited program will have their transcripts evaluated by a faculty committee to determine knowledge base deficiencies. A remediation plan of study will be developed and approved by the faculty as necessary. This review will take place prior to the beginning of the first semester. The transcript review will verify content of the following course comparable to the CACREP Core Areas in one of the five (5) counseling specializations.

**Specialization Areas**

Each doctoral student must complete at least one of the CACREP specializations of our specialty programs: Clinical Mental Health Counseling; Marriage, Couple and Family Counseling; School Counseling; Student Affairs Counseling; and Clinical Rehabilitation Counseling. Upon completion of the CACREP specialization requirements, the Program Requirements Verification form must be signed by the student’s committee chair.

Each specialization requires competence in the following:

1. Skills and Practices
2. Supervision
3. Teaching
4. Knowledge

The committee chair, in conjunction with the program coordinator for the specialization and/or other faculty members, directs the student’s study to achieve this competence. Students will develop a portfolio demonstrating competence in the specialization area. Aside from obtaining licensure, students may tailor all their teaching experiences to uniquely fit their interests and professional goals. Plans are primarily negotiated with the committee chair and in some cases may require approval from the coordinator for that specialization area with the major
Admission to Candidacy

Each student demonstrating an adequate foundation for doctoral study, based upon the selection criteria and the master’s degree curriculum review, may apply for degree candidacy. The application for candidacy will include:

1. A course of study designed to remove entry-level deficiencies as indicated by the master’s degree curriculum review;
2. An approved plan for completion of specialization areas in both core and major areas; and
3. An approved final program of study.

After receiving the written approval of the committee chair and a second graduate faculty committee member from the department, the application may then be submitted to the department for approval and the appointment of a third departmental committee member. The fourth committee member can either be a Department of Counseling faculty member or a non-departmental graduate faculty selected from the Division of Health Sciences or the university at large. The fifth committee member is the Graduate Faculty Representative (GFR).

Comprehensive Examination

The comprehensive examination is five days in length and is scheduled the first week of February.

Part One: Oral Exam Component

An oral exam, lasting approximately 60 minutes, will be scheduled with the student and all faculty members. Questions posed by the faculty during the oral examination will serve to evaluate the student's knowledge of CACREP standards, including teaching, supervision, research, and leadership/advocacy. Students will not have access to the oral examination questions or content prior to the scheduled meeting.

Successful completion of the oral examination is based upon a vote of the faculty. A "pass" grade on the oral exam requires a pass vote of at least 75% of the faculty present for the exam.

If the student receives a "conditional pass" (a vote of passing by a majority of the faculty present for the exam, but less than 75%), the student will be provided a prompt for the written exam (developed by their Department doctoral committee) that will be used to guide the student's development of a conceptual counseling journal article. The written exam prompt will be provided to the student on a Friday afternoon. Students are strongly encouraged to submit their completed manuscript to a counseling related journal.

For the written exam, students will receive one written prompt (developed by their Department doctoral committee) that will be used to guide the student's development of a conceptual counseling journal article. The written exam prompt will be provided to the student on a Friday afternoon and the final manuscript will be due the following Friday by 5 p.m. MST. Students may choose to work from home or may ask in advance for arrangements to work in a private location on campus during weekdays. Students will have full access to any scholarly materials they choose through the ISU libraries, the internet, hard copies/electronic copies of books, journal articles, and other reference materials as part of their own scholarly collection.

Students may not communicate with other doctoral students regarding their manuscript development, share resources, or seek feedback or editorial help from faculty, other students, or any other people or entities. The written exam is to be the student's own, solo-authored work.

Students will receive results of the examination no later than 30 days from the Friday due date of the exam. If the student receives a "pass" on the written exam, the student will be required to submit all suggestions made by the faculty editorial board. Students are strongly encouraged to submit their completed manuscript to a counseling related journal.

A student who receives a "conditional pass" on the written exam will be required to revise and resubmit their work to their Department doctoral committee within a one week period from notification of the results. If after the revise and resubmit process the student's work is considered incomplete or contains significant content, editing, or formatting concerns, the student’s Department doctoral committee will develop a PPP providing a formal remediation plan that could result in dismissal from the doctoral program if the PPP requirements are not fulfilled as stipulated.

If the student receives a "fail" on the written exam, the student's Department doctoral committee will develop a PPP providing a formal remediation plan that could result in dismissal from the doctoral program if the PPP requirements are not fulfilled as stipulated.

Students will receive results of the examination no later than 30 days from the Friday submission date.

Dissertation

After the student is admitted to degree candidacy, the dissertation proposal and preliminary research that the candidate and first two committee members have agreed upon will be presented to the complete five-member committee for recommendations and approval. Following the approval of the proposal and the completion of the comprehensive examination, the candidate is authorized to proceed with the dissertation in preparation for a final oral examination defense. The final defense is open to any member of the graduate faculty directing a request through the Dean of the Graduate School and the chair of the committee.

Residence

Following the bachelor's degree, each applicant must complete the equivalent of ten semesters of graduate study including the master's degree and three semesters of doctoral internship. At least six of the semesters must be at the doctoral level and four of these must be consecutive semesters (not including summer sessions).
of full-time graduate study on campus. Students are strongly encouraged to attend all six of these semesters on a full-time basis.

Continuous Enrollment
Following admission to doctoral study, the student must register for course work, practicum, internship, independent study, or dissertation credit each semester until the completion of the degree.

Degree Requirements
The student must complete a minimum of 70 credit hours of coursework (including the master's degree) and successfully complete a culminating experience. All Ed.S. coursework must be approved in advance by Department of Counseling faculty. A minimum grade point average of 3.0 is required over all course work taken in the Ed.S. program.

Master of Counseling (M.COUN.)
Majors:
• Marriage, Couple, and Family Counseling
• Clinical Mental Health Counseling
• Clinical Rehabilitation Counseling
• School Counseling
• Student Affairs Counseling

Goals
The general objective of the Master of Counseling (M.COUN.) degree is to prepare students to be professional counselors. The Department of Counseling faculty believe that the development of a strong professional identity, a rich knowledge base, and expertise in the skills of counseling are essential to functioning as a professional in each counseling setting.

The Master of Counseling degree is designed to be the strong foundation upon which graduates enter a lifetime career in the helping professions. This program prepares counselors to respond to the multitude of societal changes and to the ever-expanding counseling profession. In addition to knowledge and experience in the following eight common-core areas, graduates also have specialized knowledge and skills as identified in the objectives of the Marriage, Couple, and Family Counseling; Clinical Mental Health Counseling; School Counseling; and Student Affairs Counseling majors. For more specific details, please reference http://www.carep.org. (http://www.cacrep.org/)

The Department of Counseling has curricular and professional objectives for each Master of Counseling student. Each of these objectives has specific outcome measures:

Curricular Objectives
1. Students will have knowledge of Human Growth and Development in order to understand the nature and needs of persons at all developmental levels and in multicultural contexts.
2. Students will have knowledge of Social and Cultural Foundations to be effective in a multicultural and diverse society.
3. Students will be knowledgeable and skillful in Counseling and Consultation processes.
4. Students will be knowledgeable about group development, dynamics, counseling theory, group counseling methods, and group work approaches.

Educational Specialist Degree
Educational Specialist in Counseling
The Ed.S. program is designed for persons who have completed a master’s degree in counseling and seek to increase their skills for advanced certification requirements or other professional objectives.

Admission Requirements
The applicant must:
1. Hold a 60 credit master's degree in counseling from a CACREP accredited counseling program.
2. Apply to Graduate School and Department of Counseling by on-line application by January 15.
3. Submit three (3) letters of recommendation.
4. Have a minimum of two (2) years of work experience as a counselor (post-master's) and hold either a school counselor certification/endorsement or a professional counselor license.
5. Be recommended for admission by the Department of Counseling Admissions Committee.

Curricular Objectives
5. Students will be knowledgeable and understand career development and related factors.
6. Students will understand and be knowledgeable about individual and group approaches to assessment and evaluation.
7. Students will be knowledgeable about various research methods, statistical analysis, needs assessment, and program evaluation.
8. Students will be knowledgeable about the profession of counseling including history, organizational structures, ethics, standards, and credentialing.

**Student Professional Objectives:**
In addition to the above curricular objectives, the Department of Counseling has program-wide objectives. These include:

1. School counseling students will obtain certification as school counselors.
2. Clinical Rehabilitation Counseling students will obtain certification as rehabilitation counselors.
3. Students in all specialty programs (Clinical Mental Health Counseling; Marriage Couple and Family Counseling; Clinical Rehabilitation Counseling; School Counseling; and Student Affairs Counseling) will obtain licensure as professional counselors (i.e., LPC).

**Admission Requirements**
Admission into the counseling program is competitive. A preset number of students will be admitted, according to faculty resources. The Admissions Committee will make the final recommendation regarding admission based on grade point and test score rankings, as well as on the committee’s impression of the applicant’s interpersonal style and compatibility of personality with the program’s training philosophy, and on the student’s written statement.

The applicant must:

1. Have a bachelor’s degree from a college or university accredited in the United States, or its equivalent from a school in another country (must complete degree before onset of classes in the Fall semester in year of acceptance).
2. Meet the guidelines for admission set forth by the Graduate School and the Department of Counseling. Those individuals meeting both criteria will be invited for an interview. The minimum master's level standards for admission using the GPA Standardized Test (last 60 credits) are as follows:
   - 3.0 to 4.0: 40th Percentile on at least one area of the GRE or 45th Percentile on the MAT
   - 2.5 to 2.999: Combined Verbal and Quantitative (V + Q) score of 300 on GRE or 45th Percentile on the MAT
   - Below 2.499: No Admission

The method for calculating an admission GPA is based on the last 60± semester undergraduate credits (90 ± quarter credits).

3. Prospective students are expected to come to campus (Pocatello or Meridian) for an interview. Selected applicants will be interviewed by the Department of Counseling Admissions Committee as part of the admissions procedure. The Admissions Committee will make the final decision regarding admission. This decision will be based on grade point and test score rankings as well as the Committee’s impression of the applicant’s interpersonal style and compatibility of personality with the program’s training philosophy.

**Selection Schedule**
After August 15, apply to Graduate School and Department of Counseling by on-line application by specified application date.

**ISU-Pocatello**
Application review begins January 15 and continues until all seats are filled. Interviews are tentatively scheduled for early February. Notification of admission decisions will be announced approximately mid-February. A maximum of 20-25 students are admitted to the Master of Counseling program each year at ISU-Pocatello. Classes begin the fall semester of each year.

**ISU-Meridian**
Application review begins January 15 and continues until all seats are filled. Interviews are tentatively scheduled for mid-February. Notification of admission decisions will be announced approximately March 1. A maximum of 25 students are admitted to the Master of Counseling program each year at ISU-Meridian. Classes begin the fall semester of each year.

If the January 15 deadline has passed, please contact the Department of Counseling. A secondary admission process may be conducted.

**Classified w/Performance Requirements Status**
Students who meet the undergraduate grade point average of 3.0 or higher for all upper division undergraduate classes but have not received their scores for the GRE or MAT, or are registered to take one of these examinations at the next possible testing, may be admitted Classified (w/PR) status, and may be considered for openings not filled by Classified applicants in the Department of Counseling program.

Students must request a change of status from Classified (w/PR) status to Classified status upon completion of their first semester of graduate study. The change from Classified (w/PR) to Classified status must be approved by the Department of Counseling and the Dean of the Graduate School.

**Non-Degree Seeking Students**
Our Department offers Professional Development workshops substantial enough to count as 1 or 2 class credits, which Non-Degree Seeking Students may utilize.

**Approval of Master's Degree**
Final Program of Study
A student who has been admitted to the Master of Counseling (M.COUN.) program may submit a final program of study following the completion of COUN 6621 Professional Orientation and Ethics, COUN 6627 Conceptualizing Counseling Theory, COUN 6696 Practicum Counseling Techniques, and during the semester in which COUN 6697 Practicum
in Counseling is being completed. The final program of study must include all course work required to complete the selected M.COUN. major and must be approved by two counseling faculty members who have graduate faculty status (one of whom will serve as committee chair). Prior to the semester of the proposed graduation, the final program of study must receive the approval of a majority of the Counseling graduate faculty.

**General Requirements**

For the Master of Counseling (M.COUN.) degree, the student is required to complete the equivalent of at least four full semesters of resident graduate study beyond the bachelor’s degree. For the Clinical Mental Health Counseling; Clinical Rehabilitation Counseling; Marriage, Couple, & Family Counseling; School Counseling; and Student Affairs Counseling majors, a minimum of 60 semester hours must be completed in the Core and Major Course Requirements.

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<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tr>
<td>COUN 6611</td>
<td>Applied Statistics and Research</td>
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<tr>
<td>COUN 6612</td>
<td>Psychological Testing for Counselors</td>
<td>2</td>
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<td>COUN 6614</td>
<td>Human Growth and Development</td>
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<td>COUN 6621</td>
<td>Professional Orientation and Ethics</td>
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<td>COUN 6623</td>
<td>Lifestyle and Career Development</td>
<td>2</td>
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<td>COUN 6624</td>
<td>Cultural Counseling</td>
<td>3</td>
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<td>COUN 6625</td>
<td>Crisis Interventions and Trauma Counseling</td>
<td>2</td>
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<td>COUN 6627</td>
<td>Conceptualizing Counseling Theory</td>
<td>2</td>
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<td>COUN 6628</td>
<td>Applications of Counseling Theory</td>
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<td>COUN 6630</td>
<td>Addictions Counseling</td>
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<td>COUN 6660</td>
<td>Theories of Family and Couple Counseling</td>
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<td>COUN 6676</td>
<td>Small Group Activity</td>
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<td>COUN 6677</td>
<td>Group Counseling Techniques</td>
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<td>COUN 6694</td>
<td>Psychodiagnosis and Psychotropic Drugs</td>
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<td>COUN 6696</td>
<td>Prepracticum Counseling Techniques</td>
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**Major Course Requirements**

**Major in Marriage, Couple and Family Counseling**

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<td>COUN 6661</td>
<td>Issues in Family Counseling</td>
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<td>COUN 6664</td>
<td>Family Assessment</td>
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<td>COUN 6665</td>
<td>Advanced Family Systems Theory</td>
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<td>COUN 6697</td>
<td>Practicum in Counseling</td>
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<td>COUN 6697L</td>
<td>Practicum in Counseling Lab</td>
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<td>COUN 6698</td>
<td>Internship in Counseling</td>
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<td>COUN 6698L</td>
<td>Internship in Counseling Lab</td>
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**Major in Clinical Mental Health Counseling**

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<tr>
<th>Code</th>
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<tr>
<td>COUN 6690</td>
<td>Foundations of Clinical Mental Health Counseling</td>
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<td>COUN 6691</td>
<td>Professional Issues in Clinical Mental Health Counseling</td>
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<td>COUN 6697</td>
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**Certificate in Animal Assisted Therapy in Counseling**

**Admissions Requirement**

Admission to counseling-related graduate program at or outside of ISU.

The ISU AAI certificate curriculum was thoughtfully and intentionally developed in the spirit of current best practices and in collaboration with international leaders in animal assisted interventions. Each class offers a balance of theoretical knowledge and applied skills, with a heavy emphasis on provider competence, animal welfare/advocacy, and practical efficacy. Although the curriculum’s main focus is on Animal Assisted Therapy (AAT) and Animal Assisted Education (AAE) as professionalized approaches, we also attend to issues relevant to the delivery and direction of Animal Assisted Activities (AAA) within healthcare and educational contexts. Within the three-course sequence, students gain in-depth theoretical knowledge of AAI history and literature, industry standards and culture, professional issues, and live practice opportunities under supervision.

Each course in this series was thoroughly reviewed and subsequently endorsed by several international leaders in the AAI industry, and your program director continuously engages in updating course content to reflect current standards and continuously invites peer consultation and feedback on all aspects of the curriculum. Guest experts are a regular presence during class meetings so that students are exposed to a variety of expert perspectives and introduced to industry leaders beyond your program director.

The curriculum is applicable to a wide variety of animal species, and students are provided with structured opportunities to gain in-depth, species-specific knowledge about the species of animal that he/she wishes to work with in the future. During their time in our program, students may enjoy potential opportunities to interact with dogs, horses, rabbits, and reptiles during their time in our program.
The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

COUN 6606 Family Violence: 2 semester hours.
Delineates the implications for assessment and treatment of the family with violence. Topics of physical abuse, sexual abuse and psychological/emotional abuse of adults and children within a family structure will be addressed. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6607 The Family and Mental Illness: 2 semester hours.
Addresses therapeutic and community support that enhances the family unit as the primary care system. Mental illness as it relates to the family system is presented. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6608 The Family and Chemical Dependency: 2 semester hours.
Addresses family systems under the influence of addictions with primary emphasis on alcohol dependency. Models and patterns of addictions will be examined. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6609 The Family and the Aged: 2 semester hours.
Emphasizes the impact of aging on family systems from an economic, emotional, social, spiritual, and physiological perspective. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6611 Applied Statistics and Research: 2 semester hours.
Basic understanding of applied statistics. Procedures for designing, interpreting, critiquing, and presenting professional research. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6612 Psychological Testing for Counselors: 2 semester hours.
An overview of the standardized tests most commonly used by counselors. In addition to learning the underlying concepts of standardized testing, students will also be taught how to select and use tests appropriate to their proposed work settings. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6613 Basic Projective Techniques: 2 semester hours.
Projective theory and its relationship to psychoanalysis, dynamic theory, and learning theory. Techniques including problems of clinical practicality, prediction of behavior, and personality assessment. Practical experiences available in laboratory courses. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6614 Human Growth and Development: 1 semester hour.
Students will explore issues, stages, and systems of human development across the lifespan in the context of individuals, couples, families, and communities. The course includes an overview of developmental theories, norms, and applied practices in the context of social and cultural identities and factors. Course to be taken concurrently with COUN 6694 Psychodiagnosis & Psychotropic Drugs. PREREQ: Admission to the Master of Counseling program.

COUN 6615 Foundations of Clinical Rehabilitation: 3 semester hours.
Orientation to the professional foundations of clinical rehabilitation counseling across the lifespan. PREREQ: Admission to the Master of Counseling Program or permission of the instructor.

COUN 6616 Professional Issues in Clinical Rehabilitation Counseling: 3 semester hours.
This course will provide current information and strategies for counseling issues specific to clinical rehabilitation counseling. PREREQ: Admission to the Master of Counseling Program.
COUN 6619 Individual Intelligence Testing: 3 semester hours.
Supervised practice in administering, scoring, and interpreting the results of individual intelligence tests. Each section limited to 6 students. PREREQ: Admission to Master of Counseling Program, COUN 6612 or permission of instructor.

COUN 6621 Professional Orientation and Ethics: 2 semester hours.
Introduction to profession of counseling: history, accreditation, licensure, organizational structure, advocacy, and use of technology. Ethical problems in counseling with specific attention given to the American Counseling Association Code of Ethics. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6623 Lifestyle and Career Development: 2 semester hours.
Career development theories and decision-making models for counselors including career resources and materials. PREREQ: Admission to the Master of Counseling Program.

COUN 6624 Cultural Counseling: 3 semester hours.
Students will explore issues of diversity, social justice, and multiculturalism including race/ethnicity, gender, sexual orientation and other cultural factors, and participate in experiential activities relevant to culturally responsive counseling. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6621 and COUN 6696 or permission of instructor.

COUN 6625 Crisis Interventions and Trauma Counseling: 2 semester hours.
Current information, skills, and strategies for counseling interventions specific to crises, disasters, and other trauma-causing events. Topics include: triage, assessment and diagnosis, individual and community resiliency, emergency preparedness, multicultural considerations, interagency cooperation, and "psychological first aid." PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6627 Conceptualizing Counseling Theory: 2 semester hours.
The conceptual study of selected counseling theories related to historical development, personality development, client maturation, and learning theory. PREREQ: Admission to the Master of Counseling program or permission of instructor.

COUN 6628 Applications of Counseling Theory: 2 semester hours.
The applied study of selected counseling theories with emphasis on the evolution of maladjustment, process of change, and appropriate interventions for generating change. PREREQ: Admission to the Master of Counseling program.

COUN 6630 Addictions Counseling: 2 semester hours.
Acquaint students with current theories of addiction, recovery, and relapse prevention as well as effective strategies and techniques in working with clients with addictions. The course will explore public policies on local, state, and national levels with regard to addiction services. PREREQ: Admission to the Master of Counseling program or permission of instructor.

COUN 6638 Foundations of School Counseling: 3 semester hours.
An introduction to the school counseling profession, developmental program models and the roles of the professional school counselor. Special focus will be placed on current literature, cultural considerations, philosophical assumptions, key concepts, techniques, practical applications, recent legislation, and consultation. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6639 Application of School Counseling Foundations: 3 semester hours.
This school counseling class prepares students to identify and work with specific populations of youth-at-risk and their communities. Special focus will be placed on current literature, cultural considerations, philosophical assumptions, key concepts, techniques, and practical applications for the K-12 school counselor. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6650 Thesis: 1-9 semester hours.
Thesis Credit. 1-9 credits. May be repeated. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6651 Masters Paper: 3 semester hours.
A paper involving extensive familiarity with research findings written under the supervision of a faculty member in the department. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6652 Specialist Paper: 3 semester hours.
A paper involving extensive familiarity with research findings under the supervision of a faculty member of the department. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6655 Advanced Family Systems Theory: 2 semester hours.
Advanced theoretical study with emphasis on researched applications of family counseling. PREREQ: Admission to the Master of Counseling Program.

COUN 6659 Seminar: 1-3 semester hours.
Critical analysis of the literature in one or more areas of education. Enrollment limited. May be repeated up to 8 credits. PREREQ: Permission of instructor.

COUN 6660 Theories of Family and Couple Counseling: 3 semester hours.
The study of the development of the family counseling field and the issues and theories related to its practice. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6661 Issues in Family Counseling: 3 semester hours.
Examination of contemporary family issues and challenges, parenting issues, and the effects these challenges place on family dynamics and family counseling. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6664 Family Assessment: 2 semester hours.
Introduction to family assessment models and instruments as well as evaluation of programs/agencies providing family counseling. PREREQ: Admission to the Master of Counseling Program.

COUN 6676 Small Group Activity: 1 semester hour.
Designed to give direct experiences as a group participant and provide preparation for COUN 6677. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6677 Group Counseling Techniques: 3 semester hours.
Essential research, selected group development and therapy theories, leadership orientations and strategies, structural group dynamics, and applications. Skills development in a laboratory setting. PREREQ: Admission to the Master of Counseling Program.

COUN 6680 Foundations of Student Affairs: 3 semester hours.
History, philosophy, purpose, and function of student affairs practice including review of "The Student Personnel Point of View," theories of student development, and current trends. PREREQ: Admission to the Master of Counseling Program or permission of instructor.
COUN 6683 Administration of Student Affairs Practice: 3 semester hours.
Leadership and management theories and practice in higher education and student services. Essential research, consultation, good practices, and assessment techniques for all student populations and services. PREREQ: Admission to the Master of Counseling Program.

COUN 6684 Introduction to Animal Assisted Interventions in Counseling: 3 semester hours.
Introduction to animal assisted interventions in counseling: history, conceptual foundations, and research trends. PREREQ: Admission to counseling-related graduate program at or outside of ISU or permission of the instructor. Offered in summer term only.

COUN 6685 Best Practices in Animal Assisted Interventions in Counseling: 3 semester hours.
Best practices in Animal Assisted Interventions in Counseling with particular emphasis on professional ethics, provider competence and animal advocacy. Strategies for implementation will be discussed. PREREQ: Admission to counseling-related graduate program at or outside of ISU; COUN 6684 or permission of instructor.

COUN 6686 Applied Practice in Animal Assisted Interventions: 3 semester hours.
Supervised application of animal assisted interventions in counseling contexts, with particular focus on integrating AAI-C interventions with counseling skills. PREREQ: Admission to counseling-related graduate program at or outside of ISU; COUN 6685 or permission of instructor.

COUN 6687 Field Work in Personnel Services: 1-2 semester hours.
Observation and learning the duties performed by the persons in the field work setting. A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. Graded S/U. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6689 Internship in Student Personnel: 3-12 semester hours.
A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6690 Foundations of Clinical Mental Health Counseling: 3 semester hours.
Orientation to the professional foundation of clinical mental health counseling for individuals, couples, and families across the lifespan. PREREQ: Admission to the Master of Counseling Program or permission of instructor.

COUN 6691 Professional Issues in Clinical Mental Health Counseling: 3 semester hours.
This course will provide current information and strategies for counseling issues specific to clinical mental health counseling. PREREQ: Admission to the Master of Counseling Program.

COUN 6693 Supervision of Counselors: 1 semester hour.
The study of current practices used in the clinical supervision of counselors. Current literature will be reviewed as well as standards for supervision which have been established by accrediting bodies and professional associations. PREREQ: Admission to the Master of Counseling Program or the ED.S. in Counseling Program or permission of the instructor.

COUN 6694 Psychodiagnosis and Psychotropic Drugs: 2 semester hours.
Psychological classification systems, mental status evaluations, and the use of psychotropic drugs in treatment programs. PREREQ: Admission to the Master of Counseling Program.

COUN 6696 Prepracticum Counseling Techniques: 3 semester hours.
The study and practice of counseling techniques including micro-counseling and role-playing. PREREQ: Admission to the Master of Counseling Program.

COUN 6697 Practicum in Counseling: 2 semester hours.
Supervised counseling experience. A combination of fifty hours of experience and supervision equals one hour of academic credit. Each section limited to 5 students. May be repeated to four credits. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6697L.

COUN 6697L Practicum in Counseling Lab: 0 semester hours.
Group supervision of students working in the field during their internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as tutorial experience based on the student's developmental needs. Graded S/U. PREREQ: Admission to the Master of Counseling Program. COREQ: COUN 6697.

COUN 6698 Internship in Counseling: 1-18 semester hours.
A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated for a maximum of 18 credits. PREREQ: Admission to the Master of Counseling Program.

COUN 6698L Internship in Counseling Lab: 0 semester hours.
Group supervision of students working in the field during their internship experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the student's developmental needs. Graded S/U. PREREQ and COREQ: Admission to the Master of Counseling Program, COUN 6698.

COUN 6699 Experimental Course: 1-6 semester hours.
The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

COUN 7683 Leadership and Advocacy in Counselor Education: 2 semester hours.
Equipping future counselor educators to assume positions of leadership in their profession and/or areas of specialty. Theories and skills of leadership and competencies for advocacy. PREREQ: Admission to the Counselor Educator Doctoral Program.

COUN 7701 Advanced Statistics: 2 semester hours.
Statistical application appropriate for doctoral research and writing. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7702 Advanced Research and Experimental Design: 2 semester hours.
Quantitative methods of conducting research in doctoral study. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7703 Qualitative Research: 2 semester hours.
Explores and contrasts philosophical assumptions of qualitative and quantitative research. Various methodologies and approaches to qualitative research are reviewed and applications discussed. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7704 Qualitative Methodology and Analysis: 2 semester hours.
Design, data collection, analysis and writing qualitative research. Practice using data collection procedures, traditional analytic methods and qualitative data processing programs for coding and matrix construction. Emphasizes grounded theory approach. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7705 Instructional Theory for Counselor Educators: 4 semester hours.
Instructional theory and methods relevant to counselor education including models and methods of appraisal. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.
COUN 7710 Practicum in College Teaching: 2 semester hours.
Observation of and assisting in the teaching and evaluation of a college course under the supervision of the course instructor. The student will prepare and deliver at least five lectures which will be observed by the instructor and will, in addition to observing the balance of the course, meet individually with the instructor for periodic discussions of procedure and methodology. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7712 Advanced Psychological Testing and Assessment: 2 semester hours.
Advanced psychological testing concepts, test administration, test construction and interpretation. Advanced information of standardized tests commonly used in the counselor education field.

COUN 7723 Advanced Vocational Theory: 3 semester hours.
Theory of vocational development, sociological aspects of vocational choice and entry, development of interests and aspiration levels, and research relating to entry into work, satisfaction in work, dissatisfaction in topics. Course is structured around the major theories of vocational development as they relate to individual development. Various approaches to vocational testing are included.

COUN 7724 Advanced Diversity Issues: 3 semester hours.
Pedagogy relevant to current social and cultural issues. Role of diversity issues in counselor education, supervision, and counseling.

COUN 7727 Advanced Theories of Counseling: 3 semester hours.
Analysis of various counseling theories and their relationships to specific philosophies concerning humanity.

COUN 7758 Independent Problems: 1-4 semester hours.
Individual work under staff guidance. Field and/or library research on specific educational problems. Experience in research composition. May be repeated up to 8 credits. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 7759 Ed.S Internship: 1-9 semester hours.
Placement in a post-master's degree counseling setting. A combination of fifty hours of experience and supervision equals one hour of academic credit. May be repeated. 1-9 credits. PREREQ: Admission as an Ed.S. student and permission of instructor.

COUN 7774 Advanced Group Procedures: 3 semester hours.
Advanced group leadership theory and techniques.

COUN 7775 Advanced Practicum in Group Counseling: 2 semester hours.
Fifty hours of group counseling as the group facilitator, plus a coordinating seminar. Includes the theoretical basis for group leaders and development of group leadership skills.

COUN 7790 Supervision in Counselor Education: 3 semester hours.
Analysis of systems for conducting supervision of counseling students including various models of supervision and their implementation in Practicum and Internship. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 8800 Research and Professional Issues: 2 semester hours.
Critical analysis of the literature in counselor education including topics such as program models, current research, and professional associations. May be repeated up to 6 credits. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 8801 Doctoral Career Development: 1 semester hour.
Implementation of Career Theory into Professional Development plans for advancement in Counselor Education. PREREQ: Admission to the Ph.D. Program in Counselor Education and Counseling Program.

COUN 8802 Scholarship in Counselor Education: 2 semester hours.
Developing a scholarly identity and research agenda within counselor education and supervision. Course will focus on creating and submitting publishable manuscripts; developing grant writing skills; navigating the academic public process; and, enhancing writing quality and productivity. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 8848 Doctoral Counseling Practicum: 2 semester hours.
Counseling under supervision and an intensive examination of the students' own counseling philosophy and its relationship to client behavioral and attitudinal change. A combination of fifty hours of experience and supervision equals one hour of academic credit. Each section limited to six students.

COUN 8849 Doctoral Internship: 1-18 semester hours.
Group supervision of student working in the field during their doctoral practicum experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the student's developmental needs. Graded S/U. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 8849L Doctoral Counseling Practicum Lab: 0 semester hours.
Group supervision of student working in the field during their doctoral practicum experience. Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the student's developmental needs. Graded S/U. PREREQ: Admission to Ph.D. in Counselor Education and Counseling Program.

COUN 8850 Dissertation: 1-12 semester hours.