# **Health Educ (HE)**

#### Courses

#### HE 5501 Issues in Health and Wellness: 1-3 semester hours.

Contemporary health and wellness issues emphasizing education interventions and application. Topics may include: death and dying, computer technology in health, healthy aging, motivation, emergency preparedness, alternative and complementary medicine, international health. May be repeated to 6 credits with different content.

### HE 5525 Patient Education Skills: 2 semester hours.

Explores the foundations and application of organizational and communication skills which promote a positive atmosphere for patient education in clinical and worksite settings.

#### HE 5542 Environmental Health and Health Education: 3 semester hours.

Study of a variety of issues related to protecting and preserving the environment with an emphasis on school and community educational programs. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus

## HE 5543 Substance Use and Misuse in Community and Public Health: 3 semester hours.

Study of the physical, psychological, sociological, and environmental factors related to drug use with emphasis on school and community prevention programs. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5544 Hum Diseases in Com Pblc Hlth: 3 semester hours.

Explores the underlying science of human health and disease including opportunities for promoting and protecting community health across the life course, through individual and community-level interventions and campaigns. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

## HE 5545 Human Sexuality in Community and Public Health: 3 semester hours.

Study of the multifaceted nature of human sexuality with an emphasis on school and community-level educational

#### HE 5546 Com Strat in Comm Pblc Hlth: 3 semester hours.

Student will gain experience in the strategic use of communication and marketing tools to develop, implement, and evaluate communication programs that help people make sound health decisions and effectively manage health behaviors. Students will gain experience using all communication strategies including written and digital tools such as social media, mobile, and mass media applications. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5550 Introduction to Addictions: 3 semester hours.

Introduces the four primary aspects of addiction: the physiology of drugs of abuse and chemical addiction, the assessment and diagnosis of chemical dependency, the treatment of addictive disorders, and topics focused on special populations. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5552 Harmful and Illicit Substances: 3 semester hours.

Introduce students to drug classification systems, specific drugs within each classification, the psychological and physical effects, and signs and symptoms of use, abuse, dependency, overdose, and withdrawal. Specific, evaluated, graduatelevel activities and/or performances are identified in the course syllabus.

#### HE 5553 Blood Borne Illness: 1 semester hour.

Introduces students to blood borne pathogens/infectious diseases within an addictions framework. Promotes competency and ethical responsibility in assessing client needs in regard to blood borne pathogens/infectious diseases. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5554 Addiction w/in Family Systems: 3 semester hours.

Provides an overview of functional and dysfunctional families, the impact of chemical dependency on individual and family systems, and treatment modalities and appropriate referral resources. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

## HE 5555 Screening and Assessment of Substance Use and Misuse: 3 semester hours.

Provides understanding of appraisal techniques within an addictions framework, promotes competency and ethical responsibility in assessing clients and enhances the ability to assess client's needs based on clinical knowledge and instrumentation. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5556 Case Management of Substance Use and Misuse: 3 semester hours.

Presents understanding of case management philosophy, basic case management skills within an addictions framework, and promotes competency and ethical responsibilities. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5557 Ethics for Addiction Cnslrs: 3 semester hours.

Presents case management philosophy and basic case management skills within an addictions framework and promotes competency and ethical responsibilities. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

## HE 5558 Group Skills for Addiction Cns: 3 semester hours.

Introduces students to group theory and practice as a treatment modality in counseling clients with chemical dependency issues. Specific, evaluated, graduate-level activities and/or performances are identified in the course syllabus.

#### HE 5585 Independent Problems in Health Education: 1-3 semester hours.

Individual work under staff guidance. Field and/or library research on specific health education problems of interest to majors and minors. 1-3 credits. May be repeated up to 6 credits. PREREQ: Permission of instructor.

#### HE 5591 Health Education Workshop: 1-3 semester hours.

A critical analysis of one or more areas of health education. Limited enrollment. 1-3 credits. May be repeated up to 6 credits.

### HE 5598P Prof Development Workshop: 3 semester hours.

New methods and opportunities to enhance and supplement skills. Subject to the approval of the Dean of the student's college, a maximum of eight credits earned in workshops may be applied toward a degree; students taking the courses only for personal development may choose the 0-credit option; those seeking professional development must choose a for-credit option.

## HE 5599 Experimental Course: 1-6 semester hours.

This course is not described in the catalog. The course title and number of credits are announced in the class schedule by the scheduling department. Experimental courses may be offered no more than three times. May be repeated.

#### HE 6605 Leadership Policy and Administration: 3 semester hours.

Development of leadership and administrative skills which contribute to implementation of effective public health policies and programs. Students will learn strategic planning, facilitation techniques, communication strategies, budget development, and management. Equivalent to MPH 6605.

#### HE 6620 Health Program Planning and Evaluation: 3 semester hours.

Theory and processes of assessment, planning, implementing, and evaluating health education, promotion, and disease prevention programs. Principles taught in this course will be applied to community situations. Equivalent to MPH 6620.

#### HE 6623 Curriculum and Supervision: 3 semester hours.

Consideration of the health education curriculum in public schools and in colleges and universities. Recent developments and current trends that influence the curriculum and supervision policies. Observation techniques, standards in judging instruction, the supervisory conference, cooperative supervision, basic foundation of curriculum construction, and lesson planning.

#### HE 6639 Teaching Strategies in Health: 3 semester hours.

An advanced study of strategies and innovative methods of teaching health education. Emphasis on application to a variety of educational levels.

#### HE 6640 Research and Writing in Health Education: 3 semester hours.

Application of principles of research design in the health sciences. Requires preparation of a thesis/project proposal.

#### HE 6648 Problems in Health Education: 1-3 semester hours.

Individual and group study of problems in the area of health. 1-3 credits. May be repeated to 6 credit hours. Graded S/U. PREREQ: Approval of advisor and/or chairperson.

#### HE 6650 Thesis: 1-6 semester hours.

Thesis. May be repeated. Graded S/U.

#### HE 6651 Masters Project in Health Education: 1-6 semester hours.

Master's Project in Health Education. May be repeated. Graded S/U.

#### HE 6655 Internship: 1-3 semester hours.

Administration, supervision and operation of a community health program. Students work under the direction of a graduate faculty member and practicing administrator. May be repeated up to 3 credits. PREREQ: Approval of advisor and/or chairperson.

## $HE\ 6660\ Behavior\ Change\ Theory\ and\ Applications:\ 3\ semester\ hours.$

Provides a basic understanding of the social, emotional, and lifestyle factors related to health behavior. Strategies designed to identify barriers to behavior and to enhance the health of selected populations are examined. Equivalent to MPH 6660.

## HE 6699 Experimental Course: 1-6 semester hours.

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