Student Services

Associated Students of Idaho State University (ASISU)

Pond Student Union, Room 215
921 S 8th Ave Stop 8125
Pocatello ID 83209-8125
(208) 282-3435
http://www.isu.edu/asisu/

The Associated Students of Idaho State University (ASISU) is the representative body for students, and functions through the leadership of the student body president, vice president, Student Senate, and numerous committees. These officers are responsible for all activities sponsored by the Associated Students. Applications for committee membership are available in the ASISU Administrative Offices. Detailed information on student government can be found on the ASISU webpage.

Bengal Bridge

Rendezvous Building, 3rd Floor, Room 323
(208) 282-3662
921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010
https://www.isu.edu/bengalbridge
bengalbridge@isu.edu

Bengal Bridge is a summer program for recently graduated high school students who want to get a head start on college. Bengal Bridge provides a low-cost, supportive environment focused on helping students transition to college. Bengal Bridge students earn 9-10 credits toward their degrees, connect with numerous resources across the campus community, and receive individualized coaching to help them achieve their goals.

Bengal Pharmacy

Located at:
990 S 8th Avenue
(208)-282-3407
Mailing address:
921 S 8th Ave Stop 8311
Pocatello, ID 83209-8311
http://www.isu.edu/healthcenter/pharmacy/

The Bengal Pharmacy provides low-cost prescription drugs as well as over-the-counter medications at reduced costs. Students may wish to transfer prescriptions from their hometown to the Bengal Pharmacy while they are attending Idaho State University. All Idaho State University students, both full and part-time, and their spouses may use the Bengal Pharmacy. ISU Faculty, Staff, and members of the general public are also invited to utilize the Bengal Pharmacy.

Campus Recreation Department

Campus Recreation Office
Recreation Center, Room 360
921 S 8th Ave Stop 8105
(208) 282-3516
http://www.isu.edu/camprec

The Campus Recreation Department is located in the Student Recreation Center south of Reed Gymnasium. The Recreation Center offers 100,000 sq. ft. of recreation space and houses indoor courts for tennis, racquetball, and basketball, and weights, fitness machines, cardio areas, and an indoor track. It also houses one of the Northwest’s largest indoor climbing walls. An addition completed in the summer of 2010 offers an airy and open environment for a daily workout. Intramural programs are also available through Campus Recreation with as many as 30 activities to choose from. Please contact Campus Recreation at 282-4854 or on the web at http://www.isu.edu/camprec.

Career Center

Museum Building, Room 418
921 S. 8th Ave. Stop 8108
(208) 282-2380
http://www.isu.edu/career

From your freshman year to graduation, the Career Center services will help you achieve your educational and career goals.

The Career Center offers a Career & Life Planning course (COUN 1150) as well as career counseling utilizing career assessments to learn more about majors and occupations that fit your personality, skills, values, and interests. We also assist with job search strategies, resume & cover letters, and practice interviews. We have an online system called Handshake, which will help you search for jobs, internships, and learn about upcoming career fairs and other career-related events. The Career Path Internship (CPI) program gives you opportunities to receive paid internship experiences focused on your major and career goals. Throughout the year we hold many career fairs to help students find a broad range of jobs and internships. Call us to see how we can help meet your career needs.

Central Academic Advising

JoAnn Hertz, Director of Advising

Museum Building, Room 307
921 S 8th Ave Stop 8054
Pocatello ID 83209-8054
(208) 282-3277
https://www.isu.edu/advising/
advinfo@isu.edu

Central Academic Advising (CAA) serves as a general advising resource and support service for ISU students, faculty, and professional advisors, and as a specialized resource for academic sophomore level students (26 to 57 credits), first semester transfer students, and pre-Social Work majors. Undecided students and students on Academic Warning and Academic Probation also receive support from CAA. CAA advisors provide a wide array of assistance including academic success strategy development, campus resource information and referral, campus policy and procedure clarification, course schedule development, and degree planning guidance.
Online Advising Sessions
Completion of an online advising session is required before course registration is allowed for academic degree seeking freshmen and transfer students prior to their first semester of attendance at Idaho State University. Former ISU students (who have not enrolled in classes for the past 8 semesters, including summers) also complete the online advising session before course registration. The Fundamentals of Advising and Registration (FAR) session (for freshmen and former students) and the Transfer (TFAR) session (for transfer students) can be found on the Central Academic Advising website: https://www.isu.edu/advising/oas/.

Online advising sessions at Idaho State University are not intended to replace direct advising with faculty or professional advisors.

C. W. HOG
Pond Student Union, First Floor
(entrance below east end of Hypostyle)
921 S 8th Ave Stop 8128
(208) 282-3912
http://www.isu.edu/outdoor/cwhog.shtml

The Cooperative Wilderness Handicapped Outdoor Group, C. W. HOG, is located on the lower level of the Pond Student Union. The mission of Cooperative Wilderness Handicapped Outdoor Group, located on the Pocatello campus of Idaho State University, is to provide challenging outdoor adventures for individuals with disabilities, focusing on enhancing attitudes, increasing positive self-image, and supporting people of all ages and abilities. C. W. HOG also runs the new Universal Challenge Course, which is an amazing tool for team-building and fun. Academic credit may be granted for participation in activities that include weight training, seated aerobics, swimming, snow skiing, challenge course facilitation, water skiing, and whitewater rafting.

Craft Shop
Pond Student Union, First Floor
921 S 8th Ave Stop 8119
(208) 282-3281
https://www.isu.edu/union/student-life/craft-shop/

The Craft Shop was established for students and the community to learn the necessary skills to create their own crafts and projects. Work centers include a wood shop and clay studio. Other areas are set up for sewing, mat cutting for photos, and paper cutting. There are experienced staff and student employees available to familiarize you with the facilities in the Craft Shop, and assist you in the design and creation of your next craft project. Non-credit classes are offered each semester in a variety of arts and crafts.

Disability Services
Karina Mason Rorris, Director
Rendezvous Building, Room 125
921 S 8th Avenue Stop 8121
Pocatello ID 83209-8121
(208)282-3599
http://www.isu.edu/ada4isu/disabilityservices@isu.edu

The Disability Services office is located on the first floor of the Rendezvous building. Students with documented disabilities who qualify for accommodations provided by the university must self-identify to the Center in order to have accommodations provided. Information about accommodations is available in the Center and may be picked up in person or requested by telephone by calling (208) 282-3599.

Americans with Disabilities Compliance Statement
The Americans with Disabilities Act (ADA) provides protection from discrimination for individuals on the basis of disability. The ADA extends civil rights protection to people with disabilities who utilize the services provided by Idaho State University. Idaho State University makes significant efforts to comply with requests for “reasonable accommodations” to a course, policy, or physical barrier and will not discriminate in the recruitment, admission, or treatment of students or employees with disabilities. In order for Disabilities Services to arrange accommodations, we request notification as early as possible so that your needs may be met. In addition to complying with the civil rights protections of the ADA, we provide access to assistive technology, a social community, and workshops on how to be a more successful student.

Diversity Resource Center
Rendezvous Building, Room 129
921 S 8th Ave Stop 8036
Pocatello ID 83209-8036
(208) 282-3142
http://www.isu.edu/drc/

The Center’s primary focus is to provide diversity programming for ISU students and the larger community. We also assist ethnic and international students and organizations to maximize their impact on campus. We seek both to enhance their experience at Idaho State University and to assist them in contributing to campus diversity and cultural competency. In addition, the Center develops, promotes, and delivers campus-wide activities directed toward enhancing multicultural understanding.

Programs: Faculty and staff lead brown bag discussions on diversity related topics, presented in the Diversity Resource Center bi-weekly during the school year. Diversity Center staff members provide diversity lectures and trainings to campus and community partners upon request.

Cultural Celebrations and Events: In the Fall of each year, the Diversity Resource Center presents its Diversity Week Programming. In January, the Center remembers the life and legacy of Dr. King at its annual MLK March and Celebration. In April, the Center recognizes the accomplishments of ISU graduates from diverse backgrounds at the Cultural Celebration of Academic Excellence. In addition to these, the center also actively collaborates with student organizations and campus departments to maximize efforts to provide programming ranging from cultural nights and holiday celebrations, to movies and other diversity related activities.

Reserving the DRC: Student groups can also reserve the Center for meetings and other events by filling out a request form. The DRC is open to all members of the Idaho State University community regardless of gender identification, sexual orientation, ethnic or cultural background, religion, abilities, or age – everyone is welcome!

Early Learning Center (ELC)
Kerry Williamson, Director
https://www.isu.edu/ELC/

Early Learning Center, near the Pond Student Union Building, Pocatello
921 S 8th Ave Stop 8316
Pocatello, ID 83209-8316
(208) 282-2769

Sam Bennion Student Union Building, Idaho Falls
The Early Learning Center (ELC) has child care centers in Pocatello and Idaho Falls. Both sites participate in the IdahoSTARS Steps to Quality program, and the Pocatello site is STAR-rated (visit www.idahostars.org (http://www.idahostars.org) for more information). The Pocatello Center cares for children six weeks through eleven years of age, while the Idaho Falls Center accepts children ages two through six. Services are provided to ISU students and faculty/staff, as well as to community members. In Idaho Falls, the privilege is extended to the same members of the University of Idaho community. Each center offers a developmentally appropriate curriculum; USDA-approved breakfast, lunch, and afternoon snack are provided.

The Pocatello program is housed in the Early Learning Center, located near the Pond Student Union Building. In Idaho Falls, the center is in the Sam Bennion Student Union Building.

Entertainment

Every week during the school year and the summer semester, the Student Activities Board (http://www.isu.edu/sab), Union Program Council (http://www.isu.edu/union/ucp), and other student organizations (http://www.isu.edu/stdorg) host a wide variety of activities—movies, concerts, lectures, homecoming events, holiday parties, theatrical plays, celebrations, and more! In addition, the Pond Student Union (http://www.isu.edu/union) houses a Games Center with video games, billiards, and bowling. For the more relaxed crowd, television sets are located in the Bengal Café and the lower level of the Pond Student Union.

Intensive English Institute/English for Speakers of Other Languages

Rendezvous Building
3rd Floor, Room 338
921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010
(208) 282-3662
https://isu.edu/iei/
iei@isu.edu

The Intensive English Institute (IEI) and English for Speakers of Other Languages (ESOL) program provide academically-oriented English language instruction, tutoring, and cultural support for international students before and during their degree programs. All services are provided by instructors with advanced degrees, Teaching English to Speakers of Other Languages (TESOL) credentials, and relevant experience.

International Programs Office

Museum Building, Room 426
921 S 8th Ave Stop 8038
(208) 282-4320
http://www.isu.edu/po/

The office of International Programs and Services provides assistance to the international students, faculty, and scholars on campus as well as providing assistance to those interested in an international educational experience abroad. International student services include student orientation to the Idaho State University campus and Pocatello community, ongoing cross-cultural activities, and additional programs to help international students make the most of their time at Idaho State University.

Education-abroad services include assisting students in choosing a program, facilitating the credit transfer, and conducting a pre-departure orientation for those about to embark on an international experience. Services continue for those who have returned from an experience abroad.

This office supports all academic departments in bringing foreign faculty and visiting scholars to campus by assisting with the necessary paperwork for immigration and by offering support services to departments hosting visiting scholars.

Finally, this office coordinates communication among relevant offices on campus and works with faculty, administrators, and the student organizations to provide ongoing support and guidance for international students, scholars, and faculty and those who have completed an international educational experience.

Janet C. Anderson Gender Resource Center (GRC)

Rendezvous 235, Stop 8141
Idaho State University
Pocatello, ID 83209-8141
(208) 282-2805
https://isu.edu/grc/

The Janet C. Anderson Gender Resource Center (GRC) provides education, training and programming at Idaho State University. The center hosts events, trainings, and programs that bring awareness to gender and sexuality equity and inclusion. The GRC strives to address gender and sexuality inequities and foster a campus community that values inclusion, social justice, equity, and respect for everyone regardless of background and experience. The GRC develops events to provide opportunities for all members of the Idaho State University community to explore, understand, and promote learning around issues.

Education and Programming: Lectures, panels, film screenings, art shows, group discussions, lunchtime talks, presentations, focus groups, and special events. The GRC develops events for Domestic Violence Awareness Month, Women’s History Month, Sexual Assault Awareness Month, and many other nationally recognized commemorative months and days.

Education and programming focuses on support of the LGBTQ community, women’s issues, power based personal violence awareness, healthy relationships, consent, dating and sex awareness, and other prominent social matters.

Trainings: The ISU Green Dot Bystander Intervention Program is a nationally recognized leadership program that promotes the intolerance of violence on campus and in communities. Green Dot is based on training campus leaders to change the culture, “Every Day Everyone, No one has to do everything…” Everyone has to do something!” The GRC has certified Green Dot facilitators who provide education and training in Green Dot practices for ISU faculty, staff, and students. Contact the GRC for information, training dates, or to schedule a group training.

Conferences: Each spring semester, the GRC partners with several departments on campus and includes the Department of Public Health to bring the annual “Positive Body Image Symposium” to campus. The “Positive Body Image Symposium” is open to faculty, staff, and students. Members of the surrounding communities are welcome to attend. There are contact hours (CU’s) available for many majors and professions.

The symposium features renowned researchers and lecturers with expertise in different types of body image related topics. The topics are uplifting and provide attendees with proactive ways to feel comfortable in the bodies each of us are given.
Resources: The GRC has information on campus and community resources.

Additionally, we offer internship, practicum, and volunteer opportunities for Idaho State University students, faculty, and staff, as well as educational presentations on a variety of gender and sexuality related topics.

The GRC is open to all members of the Idaho State University community regardless of gender identification, sexual orientation, ethnic or cultural background, religion, abilities, or age – everyone is welcome! Everyone who is a part of the GRC, whether staff, intern, or volunteer, strives to ensure that all GRC services and activities will be accessible and available, provided in safe and comfortable surroundings, of high quality, and of interest to the Idaho State University community. The opportunities at the GRC are limited only by the imaginations of those who choose to participate.

Military Education Benefits

For any information concerning veterans’ educational benefits, rights, and opportunities, contact:

Military Education Benefits Chief
Office of the Registrar
921 S 8th Ave Stop 8196
Pocatello, ID 83209-8196
(208) 282-2676
http://isu.edu/registrar/military-ed-benefits/
vco@isu.edu

Native American Student Services

Idaho State University
Native American Student Services
921 S. 8th Avenue, Stop 8010
Pocatello, Idaho 83209-8010
https://www.isu.edu/nass/
nass@isu.edu

Native American Student Services assists, advises, and supports Indigenous peoples in the attainment of their educational goals through academic advising, tutoring, cultural activities, utilization of internal and external resources, and advocacy. It is our goal, through these services and others provided by Idaho State University, to promote retention and increase the graduation rates of our Native students.

Office of Equity and Inclusion

Rendezvous Building, Room 157
921 S. 8th Ave., Stop 8315
Pocatello ID 83209
(208) 282-3964
http://www.isu.edu/aaction/

The Office of Equity and Inclusion strives to create an environment where all individuals feel welcome and safe—a campus where every student is treated with dignity and respect.

The University is committed to creating and maintaining a learning environment that is free of discrimination and harassment against an individual on the basis of that person’s race, color, religion, gender, age sexual orientation, national origin, ancestry, physical or mental disability, or veteran status. Harassment and discrimination will not be tolerated and should be reported to the Office of Equity and Inclusion. Our helpful, friendly staff are available to work with any member of the university community. We look forward to serving you.

Outdoor Adventure Center

Pond Student Union, First Floor
(Lower northwest entrance off the Quad)
921 S 8th Ave Stop 8128
(208) 282-3912

Here is your ticket to adventure, fun, and smiles! Students, faculty, and staff are invited to participate in any or all of the Outdoor Adventure Center’s activities. The Center offers common adventure-based outings and classes such as canoeing, climbing, cross-country skiing, kayaking, rafting, backpacking, caving, mountain biking, horseback riding, mountaineering, orienteering, and camping. Rental equipment is available for a variety of outdoor activities. The Center also teaches special topic workshops on topics such as avalanche awareness, back-country survival, and the Leave No Trace ethics.

The Outdoor Adventure Center hosts speakers and other special events like the Pocatello Pump (a climbing competition). The Center has an extensive resource center with books, magazines, and maps. The Center manages the Portneuf Yurt Range Yurt System, consisting of five yurts available for use by winter enthusiasts.


Religion

Religious activities among students are promoted by Pocatello churches. There are three religious centers on campus; the LDS Institute (https://studentview.lds.org/home.aspx/60320), St. John’s Community (http://bengalcatholics.com) (Roman Catholic), and the University Bible Church (http://www.universitybible.org).

Some of the religious organizations on campus include the Baptist Campus Ministries, Campus Crusade for Christ, Catholic Campus Ministry, Idaho State University Ecumenical Ministry (American Baptist, Christian-Disciples of Christ, Episcopal, United Methodist, United Presbyterian, and United Church of Christ-Congregational), Latter-Day Saints Student Association, Lutheran Campus Ministry, Muslim Student Association, and Wesley Foundation.

Scheduling and Event Services

Pond Student Union, Hypostyle Room 299
921 S. 8th Ave., Stop 8354
(208) 282-2297
https://www.isu.edu/studentunionscheduling/

The Scheduling and Event Services Office assists students, the campus community, and university guests in planning and coordinating meetings, conferences, programs, and other special events to serve the educational development needs of Idaho State University. The office coordinates facility reservations and room set-up, including sound and audiovisual equipment needs.

Student Activities Board

Student Involvement and Orientation
Pond Student Union, First Floor
921 S 8th Ave Stop 8118
(208) 282-3451
http://www.isu.edu/sab/

The Student Activities Board is responsible for many of the entertainment and social programs on campus. This student committee has the responsibility of programming, homecoming, musical entertainment, Bingo, speakers, family programming, and many other activities. The Student Activities Board provides valuable leadership experience for its members, who learn to maintain and
work within a budget, negotiate and fulfill contractual details, arrange publicity, work with committee members, and coordinate all details associated with event production.

**Student Employment**

For student employment possibilities, see the Career Center above.

(208) 282-2380

**Student Opportunity Development**

Rendezvous Building, 3rd Floor, REND 333 (208) 282-3662 921 S. 8th Ave. Stop 8010 Pocatello, ID 83209-8010 isu.edu/studentopportunityopportunities@isu.edu

Student Opportunity Development prepares and connects students with experiential learning opportunities that allow them to apply their academic skills outside of the classroom. Student Opportunity Development works directly with undergraduate students to help them find internships around the state, along with opportunities for volunteer work, international experiences in coordination with our Study Abroad program, other campus experiences via National Student Exchange, and service learning to combine community service with academic activity.

**Student Organizations & Greek Life**

Student Involvement and Orientation
Pond Student Union, First Floor
921 S 8th Ave Stop 8170
(208) 282-3451
http://www.isu.edu/stdorg

Organizations play an important role in the education of students at Idaho State University. We encourage a rich climate of diverse and active organizations.

At Idaho State University there are over 150 active clubs and organizations including academic, professional, cultural, religious, service, and special interest organizations, honor societies, sports clubs, and fraternities and sororities.

Minimum requirements for membership in an organization are determined by the university. To be eligible to join a recognized university club or organization, a student must be a regularly enrolled, fee-paying student in good standing.

Other regulations and/or standards are set by the individual clubs or organizations.

All organizations are required to file a list of their officers, members, and advisor with the Office of Student Organizations every year to remain current and eligible to receive the privileges of a recognized club or organization.

Regulations for fraternity and sorority recruitment are determined by the National Panhellenic Conference and the fraternity organizations.

Greek-letter fraternities and sororities at Idaho State University are coordinated by the Greek Council and Panhellenic Council. Currently, these are Alpha Xi Delta, Kappa Sigma, Sigma Sigma Sigma, Lambda Theta Phi, and Lambda Theta Alpha.

**Student Success Center**

Pocatello:
Rendezvous Building, 3rd Floor
(208) 282-3662
isu.edu/success
success@isu.edu (ssc@isu.edu)

Idaho Falls:

Center for Higher Education, Room 220
(208) 282-7925

**Student Involvement Center**

Student Involvement and Orientation
Pond Student Union, First Floor, Room 112
921 S 8th Ave Stop 8138
(208) 282-2973

The Office of Student Involvement and Orientation supports the holistic development of Idaho State University students through programs focused upon transition to the university, campus engagement, personal leadership, and service to others. Signature efforts of this office include New Student Orientation, Parent and Family Orientation, Week of Welcome, Benny’s Pantry, Omicron Delta Kappa Leadership Honor Society, Service Corps (student volunteerism organization), Student Activities Board, Greek Life, Creative Productions graphic design, Summer Programs, and Clubs and Organizations.

**TRiO Access and Opportunity Programs**

Museum Building, Room 434
921 S 8th Ave Stop 8345
Pocatello, ID 83209-8345
(208) 282-3242
http://www.isu.edu/trio/trio@isu.edu

ISU TRiO Access and Opportunity Programs is a multifaceted, federally funded student assistance program geared to preparing eligible students to enroll in and graduate from post-secondary institutions. Idaho State University is one of only five college/universities in the nation that hosts all SEVEN student-serving TRiO grant programs. Here is a quick reference guide to help you understand all the aspects of ISU TRiO Access and Opportunity Programs.

**TRIO Student Support Services**

Collegiate Program

The TRIO SSS program provides advising, tutoring, and academic support to help first generation, limited income students and student with disabilities continue their post-secondary education and complete a bachelor's degree.

Office located in the ISU-Pocatello Museum Building RM 446

**TRIO McNair Scholars Program**

Collegiate Program

The TRIO McNair Scholars program assists students in their final two years of their undergraduate degree with the academic and professional development goal of participating in a research-based doctoral program.
must meet the following criteria:

In order to participate in any of the TRIO programs, potential participants

Office located in the ISU-Pocatello Museum Building RM 446

**TRIO Educational Talent Search**

Pre-collegiate Youth Program

The TRIO ETS program is designed to help middle school and high school students prepare for and enroll in college. TRIO ETS staff members visit high schools weekly, providing college preparation advising, exposure field trips, and after school tutoring. ISU TRIO ETS serves 9 high schools from Wendell to the Idaho Falls area.

High Schools Served: Idaho Falls, Bonneville, Skyline, Blackfoot, Snake River, ShoBan, Highland, Pocatello, Century, American Falls, Aberdeen, Burley, Minico, Twin Falls, Canyon Ridge, Jerome, Wendell

**TRIO Upward Bound and TRIO Upward Bound Math & Science**

Pre-collegiate Youth Program

The TRIO UB/UBMS programs are divided into two periods of instruction: summer and academic year. During the summer, students come to ISU for a six-week residential program to take classes concentrating on college preparation coursework. The academic year offers tutoring and advising to students on a weekly basis. ISU TRIO UB/UBMS serves 9 high schools from Aberdeen to the Idaho Falls area.

High Schools Served by UB: American Falls, Aberdeen, Highland, Century, Pocatello

High Schools Served by UBMS: Shelley, Firth, Bonneville, Idaho Falls

**TRIO Educational Opportunity Center**

Pre-collegiate Adult Program

The TRIO EOC program provides counseling and information on college admissions to qualified adults who want to enter or continue a program of post-secondary education. The program aids with applications and financial aid, along with academic and financial counseling.

Offices are located at the College of Southern Idaho Mini-Cassia Center, CSI Twin Falls Campus Evergreen Building, CSI Gooding Outreach Center, and CSI Jerome Outreach Center.

High Schools Served: Mt Harrison, Kimberly, Buhl, Canyon Ridge, Gooding

**TRIO Veterans Program**

Pre-collegiate Adult Program

The TRIO Veterans program assists veterans who are interested in pursuing a Technical Certificate, Associates degree, or a Bachelor’s degree at the college/university of their choice. TRIO Veterans staff support students with any aspect of their educational attainment.

Offices are located in the ISU Veterans Student Services Office, ISU Idaho Falls TAB Building, and on the College of Eastern Idaho campus.

In order to participate in any of the TRIO programs, potential participants must meet the following criteria:

- Two-thirds of participants must meet federal low-income guidelines AND be first-generation college students.

- Remaining one-third of participants may qualify by meeting a variety of eligibility requirements. These requirement depend on the specific TRIO program.

- For the collegiate program, TRIO SSS students can qualify under this one-third criteria by being just low-income, just first generation, or a student with a disability.


- Students must also show a need for program services.

**University Counseling and Testing Services**

**Pocatello:**
Graveley Hall, Top Floor, South Wing
921 S 8th Ave Stop 8027
(208) 282-2130

**Idaho Falls:**
1784 Science Center Drive
Room 223 Bennion SUB
Stop 8150
(208) 282-7750
http://www.isu.edu/cts/

**Counseling Service**

The staff of the University Counseling and Testing Service are available to assist students who are encountering personal, social, and emotional difficulties while enrolled at Idaho State University. During an initial assessment process, the student and counselor discuss the student’s needs and concerns and decide upon an appropriate counseling plan. Individual, couples, and group counseling are available. When appropriate, the counselor will assist the student with a referral. We counsel students with a variety of concerns including, but not limited to, anxiety, depression, low self esteem, lack of motivation, eating problems, stress, grief, and interpersonal relations including couple and family problems.

Our counseling services are free and confidentiality is maintained within the ethical and legal guidelines of the American Counseling Association, the National Association of Social Workers, the American Psychological Association, and the State of Idaho. Staff are licensed by the State of Idaho as social workers, counselors, or psychologists. Masters’ and Doctoral trainees (interns) are under the direct supervision of licensed staff.

**Consultation and Crisis Intervention Services**

Whenever any members of the university community has an immediate mental health concern for their self or another person, they may contact our office. One staff member is available each day during normal working hours for emergencies and consultations. After normal working hours, emergency response is initiated by contacting Campus Security and/or 911. Counseling staff may coordinate and assist with follow-up to such emergencies.

In addition to crisis intervention and follow-up services, counseling service staff are available for a variety of other consultations. The most common consultations include debriefing with individuals and departments who have had a critical incident, assisting individuals and departments in working with students with difficulties and providing support and follow-up to individuals and departments undergoing significant change.
Outreach Services

Our staff provide a wide variety of outreach services including: teaching academic courses; leadership development programs; workshops on communication skills, mindfulness, anxiety, anger, and stress management; guest lectures on a variety of topics; and information on such concerns as depression, anxiety, eating disorders, and sexual assault. Workshops, lectures, and courses can be designed to fit the needs of specific individuals, groups, or departments.

Testing Service

The University Counseling and Testing Service actively pursues the opportunity to serve the university and the community as a full service testing center. In addition to serving the university’s needs for course placement testing, proctoring on-line course exams, and special requests for proctored exams, we currently serve the larger community as a contract test site for: PROMETRIC, ACT, Miller Analogies Test (MAT), GED, Pearson Vue, Kryterion, and CLEP. For current information on the cost and registration process for any of the over 500 examinations available through our center, please check out our website: http://www.isu.edu/ctc/.

University Health Center

921 S. 8th Ave. Stop 8311
(208) 282-2330
http://www.isu.edu/healthcenter/

All Idaho State University students regardless of insurance coverage, are eligible to receive services at the Health Center. There is no charge for an office visit.

University Health Center services are also available to ISU Faculty and Staff, their spouses, and dependents who have a valid Bengal ID card.

The University Health Center provides the entire range of medical office care as is provided at a hometown doctor’s office. This includes everything from colds and flu to treatment of high blood pressure and diabetes. We care for broken bones, lacerations, abscesses, and other urgent care problems. Preventative health services such as immunizations, healthy lifestyle counseling, and birth control are areas of particular interest.

The University Health Center bills private insurance when billable services such as laboratory tests, X-ray studies, special procedures, etc., are performed. The University Health Center does its best to see people on the same day they are ill. Same day appointments are available daily. A valid Bengal ID card is required to obtain services. University Health Center services are also available to ISU Faculty and Staff, their spouses, and dependents who have a valid Bengal ID card.

The University Health Center located at 990 Cesar Chavez Avenue—across from Graveley Hall.

University Honors Program

Rendezvous Building, 3rd Floor, Room 304A 921 S. 8th Ave. Stop 8010
Pocatello, ID 83209-8010 (208) 282-1383
http://isu.edu/honors

The University Honors Program is an academic learning community that offers a broad range of enriched educational experiences, typically found at a small private college, for bright, talented, and ambitious undergraduate students. The main goals of the program are:

1. Interdisciplinary Scholarship – developing the ability to integrate knowledge to express well-constructed insight and originality of thought through multidisciplinary courses and methodologies.

2. Intellectual and Creative Engagement – using the appropriate methodology and theoretical framework that includes design, synthesis, and interdisciplinary research.

3. Citizen Scholar – addressing real-world problems and finding ethical solutions, a process that culminates in reflective civic engagement, respect for diversity, and service-oriented action.

The University Honors Program offers interdisciplinary, theme-driven course sequences in the humanities, social sciences, and natural sciences. These courses are designed for students who are motivated to develop their critical and creative thinking in a more personalized atmosphere than may be expected in non-honors lower division courses. Honors courses are offered in small classes (25 maximum enrollment) by interested campus faculty, deal with broad and/or interdisciplinary issues, and confront some aspect of the human condition. Innovative teaching and assignments are encouraged, and interaction with faculty and class members is lively. Please check isu.edu/honors for this year’s core curriculum themes and additional information. Questions about the University Honors Program and courses may be directed to the address above.

The University Honors Program Curriculum fulfills many of the General Education Requirements.

University Tutoring

Rendezvous Building, 3rd Floor, Room 323 921 S 8th Ave Stop 8010
Pocatello, ID 83209-8010 (208) 282-3662
http://www.isu.edu/tutoring

Content Area Tutoring

The Content Area Tutoring (CAT) Program provides small-group tutoring in all academic areas except writing and math, which are handled through the Writing and Math Centers. Students may request tutoring in courses from anthropology to zoology at the CAT offices in Pocatello’s Rendezvous Center (REND 323, 282-3662) or Idaho Falls (CHE 220, 282-7925).

Writing Center

The Writing Center provides individualized tutoring in Pocatello, Idaho Falls, and online to help students improve the quality of their writing for undergraduate and graduate courses in all subjects. Tutors are available by appointment to work with students at any stage of the writing process, from generating ideas to revising full drafts. They assist with organization and development of ideas for particular audiences and purposes, as well as with issues of punctuation and usage.

Veteran Student Services Center

“Your Veteran and Military Connection at Idaho State University”

Student Union Building
3rd Floor (near the Salmon River Suites)
921 S. 8th Ave., Stop 8095
Pocatello, ID 83209-8095
Veterans' Crisis Line (https://www.veteranscrisisline.net/ForVeterans.aspx)

The Veteran Student Services Center aims to make ISU one of the most “veteran-friendly” campuses in the United States by simplifying access to existing services, addressing the needs of the individual veteran, and supporting our growing community of student veterans and service members. As a veteran-centered transition and support program, our mission is to provide first-class service, guidance, and advocacy for ISU student veterans, benefit-eligible dependent students, and their family members through strong campus and community partnerships.

Professional staff and trained student advocates attend to students’ needs; services include veteran/military-friendly study and computing areas, assistance with admissions, G.I. Bill benefits, academic advising, disability and learning resources, financial assistance and scholarships, career preparation, and a variety of other veteran-specific support and academic resources. The Center also works closely with the Student Veterans of America - Armed Forces Club, a student-run organization serving the veteran community, which has chapters on both the Pocatello and Idaho Falls campuses. For more information, contact the Veteran Student Services Center at (208) 282-4245.

Wellness Center

(208) 282-2117
http://www.isu.edu/wellness/

Students at Idaho State University (ISU) have the unique opportunity of having a wellness center on campus. The mission of the Wellness Center is to promote a holistic approach to health through providing opportunities that facilitate and support personal growth, either directly or through collaborating with other programs available at ISU, to positively influence the multiple dimensions of health: physical, mental, emotional, spiritual, social, and environmental. A wide variety of group exercise classes are offered through the GET-FIT Program. Classes include cardio/strength formats, such as including body sculpt and barbell, interval training and H.I.I.T.-type classes, Zumba®, Pound®, and mind/body formats, such as Pilates and yoga. All classes are held at ISU’s Reed Gym. The current class schedule for the GET-FIT Program is available at https://www.isu.edu/wellness/services/get-fit/.

The Wellness Center also offers fitness assessments to ISU students. This includes cardiovascular endurance, body composition, blood pressure, flexibility, and abdominal strength. Students have access to two free fitness assessments per semester. Other services provided by the Wellness Center for students at no cost for a limited number of sessions include personal training and nutrition/wellness coaching. American Heart Association CPR/first aid courses are also available for a reasonable fee for groups of 6 or more participants.

For further information on Wellness Center programs and activities, please call the Wellness Center at (208) 282-2117, send an email to wellness@isu.edu, or visit the website at https://isu.edu/wellness/. Office hours during the Fall and Spring academic semesters are 8 a.m. - 5 p.m., Monday through Thursday, and 8 a.m. - 4 p.m. on Friday. Office hours during the Summer semester are 7:30 a.m. through 4 p.m., Monday through Friday.